

Title (en)
WEIGHT LIFTING EXERCISE DEVICE

Publication
EP 0044367 A3 19820505 (EN)

Application
EP 80302717 A 19800807

Priority
US 17010680 A 19800718

Abstract (en)
[origin: EP0044367A2] An exercise device has a tank (12), containing a supply of liquid (21) and a container (14), with mechanism for receiving a portion of the liquid (21) from the tank (12), and mechanism for discharging the liquid (21) from the container (14), at a controlled rate. The container (14), is connected to an elongated member (16) that extends out of the tank (12), and may be pulled upon by the user. A conduit (110) may supply liquid (21) under pressure selectively to the liquid container (14), in response to user demand as indicated by activation of a switch and the liquid (21) may then drain from the container (14), through the same or a different conduit to the original reservoir (12), or a drain. A pair of spreadable arms (66), may be hinged or pivoted to the device and connected via mechanical linkage or cable (64), to the weight container (14), for biasing the arms (66), into separated position for push-up exercises.

IPC 1-7
A63B 21/00

IPC 8 full level
A63B 21/00 (2006.01); **A63B 21/06** (2006.01)

CPC (source: EP)
A63B 21/0602 (2013.01); **A63B 21/0626** (2015.10); **A63B 21/154** (2013.01); **A63B 2071/0694** (2013.01)

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