

Title (en)  
EXERCISE APPARATUS FOR BODY BUILDING

Publication  
**EP 0177017 A3 19870902 (DE)**

Application  
**EP 85112419 A 19851001**

Priority  
DE 3436120 A 19841002

Abstract (en)  
[origin: EP0177017A2] 1. Training device for bodybuilding, in particular for training the human muscles of the thigh and the calf with a device that allows to exercise stress on the thighs and calves of a standing kneebending person, characterized by the fact that a rocking lever (2, 3) is positioned between the legs (31, 32) of the standing person (18), consisting of a lower elbow tube (2), the lower end (5) of which hinges directly or indirectly on a platform, and an upper elbow tube (3) which hinges on the upper end (6) of the lower elbow tube (2). At its top area (7) it is equipped with a device built to take weights and provided with a fastening element (15) between the said ends (6, 7) with a belt that can be affixed to this element for the practicing person to fasten on his or her waist in order to buckle on to the rocking lever.

IPC 1-7  
**A63B 21/08**; **A63B 23/04**

IPC 8 full level  
**A63B 21/06** (2006.01); **A63B 21/08** (2006.01); **A63B 23/04** (2006.01)

CPC (source: EP)  
**A63B 21/0615** (2013.01); **A63B 21/08** (2013.01); **A63B 21/4001** (2015.10); **A63B 21/4009** (2015.10); **A63B 21/4035** (2015.10); **A63B 23/03525** (2013.01); **A63B 2023/0411** (2013.01)

Citation (search report)  
• [A] US 3751031 A 19730807 - YAMAUCHI N  
• [A] US 4357010 A 19821102 - TELLE JEROME R

Cited by  
US4872670A; US5106081A; FR2824273A1; US5582564A; EP0238945A3; US5108095A; CN114849170A; US7156781B2; US6746385B1; WO8910163A1; WO02089924A1; WO9631256A1; WO2006117601A1

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**EP 0177017 A2 19860409**; **EP 0177017 A3 19870902**; **EP 0177017 B1 19890823**; AT E45678 T1 19890915; DE 3436120 C1 19860507; DE 3572443 D1 19890928

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