

Title (en)  
Exercising bench.

Title (de)  
Trainingsbank.

Title (fr)  
Banc d'exercice.

Publication  
**EP 0208208 A1 19870114 (DE)**

Application  
**EP 86108720 A 19860626**

Priority  
DE 3524252 A 19850706

Abstract (en)  
1. A training bench comprising a rest which is supported on a frame and divided into a seat pad (11) and an adjacent back pad (12) whose head portion or upper end is located below weights (16) which are positioned on two lateral vertical supports (14), said back pad (12) being upwardly pivotable at its lower end about a transversely extending horizontal pivot axis or means, characterized in that said pivot means (33) of said lower end of said back pad (12) is movable along said frame, and that a crosspiece (13) carrying said head portion or upper end of said back pad (12) is pivotable about a second, transversely extending horizontal axis or means (32) and supported in a vertically displaceable way on said lateral vertical supports (14).

Abstract (de)  
Bei einer Trainingsbank mit einer an einem Rahmen abgestützten Auflage, die in einen Sitzpolster (11) und einen sich daran anschließenden Rückenpolster (12) aufgeteilt ist, dessen Kopfbereich bzw. oberes Ende unterhalb von an zwei seitlichen senkrechten Stützen (14) angeordneten Gewichten liegt, wobei der Rückenpolster (12) an seinem unteren Ende um eine quer verlaufende waagrechte Schwenkachse (33) aufschwenkbar gelagert ist, ist die Schwenkachse (33) des Rückenpolsters (12) mittels an zwei parallelen Längsholmen (37, 38) des Rahmens verschiebbar gelagerten Hülsen (41) gehalten.

IPC 1-7  
**A63B 21/00**; **A63B 23/00**; **A63B 23/02**; **A63B 13/00**

IPC 8 full level  
**A63B 21/00** (2006.01); **A63B 21/072** (2006.01); **A63B 21/078** (2006.01); **A63B 23/00** (2006.01); **A63B 23/02** (2006.01)

CPC (source: EP)  
**A63B 21/078** (2013.01); **A63B 21/4029** (2015.10); **A63B 2208/0252** (2013.01)

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