

Title (en)
EXERCISE DEVICE

Publication
EP 0211200 B1 19880907 (DE)

Application
EP 86108345 A 19860619

Priority
• AT 230885 A 19850807
• AT 247785 A 19850826

Abstract (en)
[origin: ES2000595A6] The invention relates to a physical exercise apparatus comprising three nested frame elements mounted inside one another for rotation about axes offset by 90 DEG from one another. The thus established gimbal mounting of the frame elements permits a person occupying the innermost frame element to assume any angular position in space solely by displacing his weight to thereby fortify his muscles and improve his sense of equilibrium.

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A63B 21/00; **A63B 23/00**; **A63B 69/00**

IPC 8 full level
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CPC (source: EP US)
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Cited by
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