

Title (en)  
GIRDLE FOR TRAINING APPARATUS FOR TRAINING MUSCLES OF THIGH AND CALF

Publication  
**EP 0238945 B1 19910109 (DE)**

Application  
**EP 87103606 A 19870312**

Priority  
DE 8608063 U 19860324

Abstract (en)  
[origin: EP0238945A2] The girdle is used with the aid of a device for stressing the thighs and calves of a person executing knee-bends from a standing position. The girdle is to be designed in such a way that, when the exercising person has placed it around the hips and fastened it, the weight of the swinging lever attached to it is transferred via the hips of the exercising person and not via their spinal column. This is achieved by a dimensionally stable, annular, padded shell, the circumferential length of which corresponds approximately to the circumference of the human body in the hip region and is open in its front region facing the abdomen and forms opposite opening edge regions which are held together by an adjustable fastening belt attached to the shell. Extending from said fastening belt to the crotch is a force transmission belt which retains in the centre the front end of a rigid bow-shaped body which passes through the crotch and the rear end of which is attached to the rear part of the shell and which has an attachment element for mounting a weight of the training apparatus. <IMAGE>

IPC 1-7  
**A63B 21/065**; **A63B 23/04**

IPC 8 full level  
**A61H 1/02** (2006.01); **A63B 21/065** (2006.01); **A63B 21/072** (2006.01); **A63B 23/04** (2006.01)

CPC (source: EP)  
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