

Title (en)  
EXERCISING APPARATUS FOR CROSS-COUNTRY-SKIER AND ICE-SKEXERCISING APPARATUS FOR CROSS-COUNTRY-SKIER AND ICE-SKATERS ATERS

Publication  
**EP 0251992 A3 19880921 (DE)**

Application  
**EP 87810018 A 19870113**

Priority  
CH 260586 A 19860627

Abstract (en)  
[origin: US4795146A] An apparatus for training cross-country skiers and ice skaters has a frame having a center support and two bars, the rear ends of which are connected to said frame in such a manner as to be pivotable about vertical axes. The center support and the bars have respective standing surfaces with threaded bores of the attachment of cross-country ski bindings. The bars are held together by at least one spring and support rollers on their forward ends which rotate about horizontal axes. The hip muscles, thigh extensors and gluteal muscles can be exercised with this apparatus.

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**A63B 69/18**; **A63B 21/04**

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CPC (source: EP US)  
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Citation (search report)  
• EP 0207556 A2 19870107 - GAVILLET JEAN LOUIS  
• AT 294646 B 19711125 - NATTERER HANS  
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• AT 293245 B 19710927 - PAULUS KLAUS-DIETER [DE]  
• [A] SOVIET INVENTIONS ILLUSTRATED, Sektion Mechanik, Woche 8611, 29. Maerz 1986, Zusammenfassung Nr. 074763 P/36, Derwent Publications Ltd., London, GB; & SU - A - 1 175 511 (KRASNOYARSKGESSTROI) 30.08.1985

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