

Title (en)
TRAINING APPARATUS

Publication
EP 0253248 B1 19900523 (DE)

Application
EP 87109657 A 19870706

Priority
• DE 3623144 A 19860709
• DE 3644764 A 19861230

Abstract (en)
[origin: US4834396A] A multi-exercising apparatus includes a housing frame with a crank arm at one side and a weight arm at the other side thereof. The housing frame includes a plurality of openings at the one side to allow a training bench to be selectively attached. At its other side, the housing frame includes further openings in which a stop member is selectively inserted to position the weight arm in a desired manner. By attaching the training bench in a desired opening and adjusting the weight arm by the stop member, a user is able to perform a wide variety of exercises and to adjust the resistance as exerted by the weight arm during actuation of the crank arm.

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A63B 21/08; **A63B 21/22**

IPC 8 full level
A63B 21/06 (2006.01); **A63B 21/08** (2006.01); **A63B 21/22** (2006.01)

CPC (source: EP US)
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Cited by
DE102009012031B4; DE102009012031A1; EP1423170A1

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EP 0253248 A2 19880120; **EP 0253248 A3 19881109**; **EP 0253248 B1 19900523**; DE 3762801 D1 19900628; ES 2015556 B3 19900901;
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