

Title (en)
Exercise apparatus.

Title (de)
Übungsgerät.

Title (fr)
Appareil d'exercice.

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EP 0284318 A2 19880928 (EN)

Application
EP 88302436 A 19880321

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Abstract (en)
An exercise apparatus comprises a track system (11, 12) with a weight carriage (13) movable up and down the track system (11, 12) by means of a flexible tape (14) which is connected between the carriage (13) and a user engagement element such as a foot strap. The tape (14) extends over a guide system (15) so that, when the carriage (13) is pulled upwardly, a resistance is afforded dependent on the weight of the carriage (13) as amplified in its effect by the degree of deflection of the flexible tape (14) through the guide system (15).

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