

Title (en)
ROWING ERGOMETER

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Application
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NL 8803177 A 19881227

Abstract (en)
[origin: EP0376403A1] A rowing ergometer comprising a first portion (1) having a frame (2) wherein there is arranged a flywheel (3) which is drivable by means of a chain or rope (5) through a suitable transmission mechanism. Said chain or rope, at the end remote from the flywheel, is connected to a handgrip (6) simulating an oar, while the flywheel is further provided with an adjustable friction mechanism and a freewheel clutch. The arrangement is such that when the handgrip is pulled, the flywheel is set in motion. The ergometer also includes a footrest (13) or brace connected to the first portion or to the frame, a second portion (8) arranged beside or adjacent the first portion with a top surface and a seat (9) having means (10) for moving it over the top surface of the second portion in a direction substantially towards and away from the frame with flywheel. The assembly includes means (12) for rendering the frame with flywheel movable relative to the second portion of the device.

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Cited by
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