

Title (en)
HIP MOUNTED EXERCISING DEVICE.

Title (de)
AUF DER HÜFTE MONTIERBARE ÜBUNGSVORRICHTUNG.

Title (fr)
APPAREIL DE GYMNASTIQUE QUI SE PLACE SUR LES HANCHES.

Publication
EP 0435922 B1 19940601

Application
EP 89910746 A 19890825

Priority
• US 8903690 W 19890825
• US 24545788 A 19880916

Abstract (en)
[origin: WO9002585A1] An exercising device can be used for fun and for aerobic exercise. A rebound board (10) is placed against the pelvic area of a person, and a ball (12) is tethered to the board (10) by a stretchable tether (11). The person can somewhat bounce, bending and straightening the knees, with consequent movement of the hips causing the ball (12) to bounce rhythmically on the rebound board (10). More or less energetic movement of the hips renders the exercise more or less strenuous, and weights can be held in the hands to increase the stress.

IPC 1-7
A63B 67/10; **A63B 67/20**; **A63B 23/02**

IPC 8 full level
A63B 69/26 (2006.01); **A63B 22/18** (2006.01); **A63B 67/10** (2006.01); **A63B 69/00** (2006.01)

CPC (source: EP US)
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