

Title (en)

ENHANCING PERFORMANCE CAPACITY BY SPARING MUSCLE GLYCOGEN WITH MEDIUM CHAIN FATTY ACIDS

Title (de)

STEIGERUNG DER LEISTUNGSKAPAZITÄT DURCH EINSPAREN VON MUSKELGLYKOGEN MIT MITTELKETTIGEN FETTSÄUREN

Title (fr)

CAPACITE DE PERFORMANCE AMELIOREE EN ECONOMISANT LE GLYCOGENE DES MUSCLES GRACE AUX ACIDES GRAS A CHAINES MOYENNES

Publication

EP 0706390 A1 19960417 (EN)

Application

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Priority

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- US 5603593 A 19930430

Abstract (en)

[origin: WO9425019A1] A method of providing a preferential fuel to enhance performance by sparing muscle glycogen in a subject for undergoing high intensity physical activity by increasing medium chain fatty acid in the subject, particularly by administering a triglyceride of medium chain fatty acids to the subject before or while the subject undergoes the physical activity.

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