

Title (en)
Exercise device for extremities

Title (de)
Trainingsgerät zum Training der Extremitäten

Title (fr)
Dispositif d'entraînement des extrémités

Publication
EP 0732128 A2 19960918 (DE)

Application
EP 96103314 A 19960304

Priority
DE 19509267 A 19950315

Abstract (en)
The training apparatus has at least two pedals (15) and/or grips which can be moved in a straight line by the feet/arms. The pedals/grips are movable independently of each other against their own training load (25,26). The pedals/grips are guided in rectilinear horizontal guide slides (21). The apparatus is set up with a seat or couch for supporting the torso. The seat or couch can be set stationary at various spacing from the pedals/grips. The apparatus includes an adjustable seat surface, backrest and/or shoulder support adjustable by drive means.

Abstract (de)
Die Erfindung betrifft ein Trainingsgerät mit einer Einrichtung, welche durch Bewegung der Extremitäten gegen die Kraft einer Trainingslast (25; 26) hin- und herbewegbar ist, wobei die Einrichtung im wesentlichen aus wenigstens zwei als Angriffsflächen für die Extremitäten ausgebildeten und jeweils geradlinig bewegbaren Pedalen (15) und/oder Griffen besteht und insbesondere die Pedale/Griffe unabhängig voneinander gegen je eine eigene Trainingslast bewegbar sind. <IMAGE>

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A63B 21/06

IPC 8 full level
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