

Title (en)

METHOD AND APPARATUS FOR FAT-FREE COOKING OF FOOD PRODUCTS INTENDED FOR FRYING

Title (de)

VERFAHREN UND VORRICHTUNG ZUM FRITIEREN VON NAHRUNGSMITTELN OHNE FETT

Title (fr)

METHODE ET APPAREILLAGE POUR LA CUISSON SANS MATIERE GRASSE D'ALIMENTS A FRIRE

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Application

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Abstract (en)

[origin: WO9622047A1] A method is provided for the fat-free cooking of food products generally intended for frying, comprising a first step wherein the food products are cooked by microwaves or with steam or with a mixture of steam and air at a temperature of 95-150 DEG C, and a second step wherein said products are cooked by means of a dry air stream at a temperature of 200-400 DEG C. The invention also provides an apparatus for fat-free cooking of food-products intended for frying, comprising: a cooking enclosure (1) containing a support device (2) for the food product; an air circulating or pulsating device (3); a device (4) for heating the cooking enclosure and/or the air entering the cooking enclosure; and means (5) for producing steam and directing it to the cooking enclosure, as well as means for alternately selecting steam cooking and hot air cooking.

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