

Title (en)

TRAINING APPARATUS FOR SIMULATING CRAWL SWIMMING MOVEMENTS IN THE DRY

Title (de)

TROCKEN-TRAININGSGERÄT ZUR SIMULATION DES BEWEGUNGSABLAUFS BEIM KRAULSCHWIMMEN

Title (fr)

APPAREIL D'ENTRAINEMENT PERMETTANT DE SIMULER LES MOUVEMENTS DE CRAWL HORS DE L'EAU

Publication

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Application

EP 95918525 A 19950512

Priority

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Abstract (en)

[origin: US5957815A] A dry-training apparatus for simulating crawl swimming movements includes deflection rollers and a braking device for the deflection rollers. An endless traction member guided over the deflection rollers has an endless belt of hard elastic material with a surface, a lower strand, and an upper strand that can sag elastically toward the lower strand. A supporting element is disposed above the traction member. At least three handles are firmly joined to the surface of the revolving belt for moving the traction member in alternation by two hands of a user located on the supporting element. The handles are disposed at a mutual spacing causing a resting and synchronizing phase to necessarily ensue between two exertions of force on successive handles, in which phase the traction member moves onward solely by its moment of inertia.

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