

Title (en)
Exercise unit

Title (de)
Übungseinheit

Title (fr)
Unité d'exercice

Publication
EP 0847779 A1 19980617 (EN)

Application
EP 97250074 A 19970314

Priority
US 76037696 A 19961204

Abstract (en)
An exercise device (100) having a footrest (102) including a plurality of angled surfaces (146,148,150) for placement of the user's feet and a pair of rotatable arms (104) extending from the sides of the footrest. A handle (118) is positioned over the arms and is resistively connected to the exercise device by an elastic cord (120) releasably attached to the handles and extending through the arms and the footrest. <IMAGE>

IPC 1-7
A63B 23/04; **A63B 21/055**

IPC 8 full level
A63B 21/055 (2006.01); **A63B 23/04** (2006.01); **A63B 21/072** (2006.01)

CPC (source: EP)
A63B 21/055 (2013.01); **A63B 21/4001** (2015.10); **A63B 23/03525** (2013.01); **A63B 21/00069** (2013.01); **A63B 21/0442** (2013.01); **A63B 21/072** (2013.01); **A63B 23/0405** (2013.01); **A63B 2071/027** (2013.01); **A63B 2208/0204** (2013.01); **A63B 2208/0252** (2013.01); **A63B 2210/50** (2013.01)

Citation (search report)

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Designated contracting state (EPC)
AT BE CH DE DK ES GB LI LU NL

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DE 29705207 U1 19970724; AU 684244 B3 19971204; BR 7700496 U 19981215; CA 2200017 A1 19980604; EP 0847779 A1 19980617; ES 1037322 U 19980216; ES 1037322 Y 19980701; JP 3042246 U 19971014; MX 9701945 A 19980628; NO 971199 D0 19970314; NO 971199 L 19980605; NZ 314403 A 19971024; SG 97755 A1 20030820; TW 319703 B 19971111

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DE 29705207 U 19970314; AU 1636397 A 19970317; BR 7700496 U 19970317; CA 2200017 A 19970314; EP 97250074 A 19970314; ES 9701028 U 19970411; JP 179597 U 19970317; MX 9701945 A 19970314; NO 971199 A 19970314; NZ 31440397 A 19970312; SG 1997000805 A 19970317; TW 86104889 A 19970416