

Title (en)
EXERCISE APPARATUS

Title (de)
ÜBUNGSGERÄT

Title (fr)
APPAREIL D'EXERCICES

Publication
EP 0949943 A1 19991020 (EN)

Application
EP 97919152 A 19970916

Priority
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Abstract (en)
[origin: WO9811954A1] Exercise apparatus comprising an elongate rockable body (10) having on its upper surface flat end platforms for foot placement, for example in the form of end plates (22), which platforms are inclined downwardly towards one another to suit an astride posture when standing on the platform to effect rocking thereof, the underside of the body having end region heels (14) the undersurface of each of which is parallel to the foot placement plate above it, whereby either foot placement plate, when pressed fully down, is disposed horizontally.

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IPC 8 full level
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