

Title (en)  
NASAL MELATONIN COMPOSITION

Title (de)  
MELATONINHALTIGE NASENARZNEIMITTEL

Title (fr)  
COMPOSITION PERMETTANT L'ADMINISTRATION NASALE DE MELATONINE

Publication  
**EP 0969831 A1 20000112 (EN)**

Application  
**EP 98920488 A 19980324**

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• EP 97200920 A 19970326

Abstract (en)  
[origin: EP0867181A1] The invention relates to a pharmaceutical composition for nasal administration comprising melatonin and an additive selected from glycerol, cyclodextrin, and mixtures thereof. The pharmaceutical composition comprising an aqueous composition of 0.5 to 10 mg/ml of melatonin, and one or more of 1 to 250 mg/ml of cyclodextrin and 5 to 50% by volume of glycerol, can be used for the preparation of a nasal dosage form comprising daily dosage units of 0.05 to 1 mg of melatonin, and preferably of about 0.1 to 0.8 mg of melatonin, for sleep induction in men.

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