

Title (en)  
Apparatus for exercising the body muscles

Title (de)  
Gerät zum Trainieren der Körpermuskulatur

Title (fr)  
Appareil d'exercice pour l'entraînement des muscles

Publication  
**EP 0992261 B1 20030416 (DE)**

Application  
**EP 99117315 A 19990903**

Priority  
DE 19845943 A 19981006

Abstract (en)  
[origin: EP0992261A2] The apparatus has a frame (1) with a bench (3) for the user and a pressure element (7,10), which has to be lifted against a resistance unit (8) with hydraulic or pneumatic cylinder. The pressure element is moveable mainly at right angles to the bench and is height-adjustable. It is fastened to a moveable holder (6,9) on the side of the bench in approximately its center, so that it can be positioned on the hips of a user (E) lying on the bench. Movement of the pressure element in direction of the bench is limited by stops, so that a minimum distance between pressure element and bench is maintained.

IPC 1-7  
**A63B 23/02**

IPC 8 full level  
**A63B 23/02** (2006.01); **A63B 21/008** (2006.01); **A63B 21/06** (2006.01)

CPC (source: EP)  
**A63B 21/4029** (2015.10); **A63B 23/0211** (2013.01); **A63B 21/008** (2013.01); **A63B 21/06** (2013.01); **A63B 2208/0247** (2013.01); **A63B 2208/0252** (2013.01)

Cited by  
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DOCDB simple family (publication)  
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