

Title (en)  
Training apparatus

Title (de)  
Übungsgerät

Title (fr)  
Appareil d'entraînement

Publication  
**EP 1004331 A1 20000531 (EN)**

Application  
**EP 99203840 A 19991117**

Priority  
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Abstract (en)  
A training apparatus suitable for training muscles and the stamina of the human body, which apparatus comprises an elongated, bar-shaped member, which includes a guiding member at a first end thereof, over which a rope or cord can be passed, wherein said bar-shaped member is provided near its first end with two first guides for guiding the two parts of the rope or cord on either side of the guiding member, wherein said bar-shaped member is furthermore provided with second guides disposed some distance away from said first guides, which second guides are adjustable at least in circumferential direction over said bar-shaped member. <IMAGE>

IPC 1-7  
**A63B 21/018**

IPC 8 full level  
**A63B 21/018** (2006.01)

CPC (source: EP)  
**A63B 21/00069** (2013.01); **A63B 21/018** (2013.01)

Citation (search report)  
• [A] US 5803209 A 19980908 - SUZAKI KIYOSHI [US]  
• [A] US 4040627 A 19770809 - USELDINGER RONALD E  
• [A] US 3472510 A 19691014 - HOLKESVICK EDGAR E

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AT BE CH CY DE DK ES FI FR GB GR IE IT LI LU MC NL PT SE

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