

Title (en)

Training device for muscle strengthening and/or stretching

Title (de)

Trainingsgerät zur Muskelkräftigung und/oder -dehnung

Title (fr)

Dispositif d'entraînement pour le renforcement et/ou l'étirement musculaire

Publication

**EP 1066860 A2 20010110 (DE)**

Application

**EP 00810531 A 20000619**

Priority

CH 125299 A 19990707

Abstract (en)

Two swivel arms (2,3) swivel-mounted on a base element (1) each have elastically extendible pulleys (20,30). The exercise machine is wall-mounted so that it is adjustable in height. The basic element is movably mounted on one or two at least roughly vertical support bars (4,5). The basic element is a base plate fixed to at least one slide element, especially two slide bars. Pull-out arms (6,7) are pulled out from the support bar(s).

Abstract (de)

Ein Trainingsgerät zur Muskelkräftigung und/oder -dehnung umfasst zwei an einem Basiselement (1) schwenkbar angebrachte Schwenkarme (2, 3) mit je einem elastisch ausziehbaren Zugmittel (20, 30). Das Basiselement (1) ist an zwei vertikalen Tragstangen (4, 5) höhenverstellbar angeordnet. Die beiden Tragstangen (4, 5) sind an zwei Verbindungsstreben (41, 42) angebracht, die zur Anschraubung an eine Wand ausgebildet sind. <IMAGE>

IPC 1-7

**A63B 21/055**; **A63B 23/035**

IPC 8 full level

**A63B 21/055** (2006.01); **A63B 21/16** (2006.01); **A63B 23/035** (2006.01); **A63B 21/00** (2006.01)

CPC (source: EP)

**A63B 21/0552** (2013.01); **A63B 21/154** (2013.01); **A63B 21/156** (2013.01); **A63B 21/16** (2013.01); **A63B 21/169** (2015.10); **A63B 23/0355** (2013.01); **A63B 21/00069** (2013.01); **A63B 21/0442** (2013.01); **A63B 2208/0204** (2013.01); **A63B 2208/12** (2013.01); **A63B 2225/093** (2013.01)

Citation (applicant)

- DE 3901578 C2 19910606
- US 5090694 A 19920225 - PAULS EDWARD A [US], et al
- US 5674167 A 19971007 - PIAGET GARY D [US], et al

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