

Title (en)
An exercise device

Title (de)
Übungsgerät

Title (fr)
Appareil d'exercice

Publication
EP 1264617 B1 20050112 (EN)

Application
EP 01650069 A 20010601

Priority
EP 01650069 A 20010601

Abstract (en)
[origin: EP1264617A1] An exercise device 1 is provided for holding the pelvis of a user in a substantially fixed position during exercising of the user's back and/or the user's leg. The device 1 comprises two independently adjustable support surfaces 3, 4, and two adjustable straps 5, 6 for extending around a user. By securely clamping the user's pelvis against the support surfaces 3, 4 in a substantially pain-free position using the straps 5, 6, and the user then performing back exercises and/or leg exercises, this will have a therapeutic effect on the user. <IMAGE>

IPC 1-7
A63B 23/02

IPC 8 full level
A61H 1/02 (2006.01); **A63B 23/02** (2006.01); **A63B 23/00** (2006.01)

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