

Title (en)
AN EXERCISE APPARATUS AND A BRAKE MECHANISM THEREFOR

Title (de)
ÜBUNGSGERÄT UND BREMSMECHANISMUS DAFÜR

Title (fr)
APPAREIL D'EXERCICE PHYSIQUE ET MECANISME DE FREINAGE CORRESPONDANT

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Application
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Abstract (en)
[origin: WO03004107A1] An exercise apparatus, preferably for rehabilitative exercise, and comprising means for allowing resisted linear movement combined with resisted rotative movement of for instance feet of a user, not shown pedals being mounted on shafts (8) attached to a chain (11) extending around sprocket wheels (12-16) provided with first braking means (17), for instance a first electrical motor (17), connected to the chain (11) for exerting a variable resistance against movement to and from the chain with the pedals attached thereto. The shaft (8) is adapted for rotation against the influence of second braking means, for instance a not shown second electrical motor for exerting a variable resistance against rotation to and from the shaft with the pedals attached thereto. The braking means may be mechanical.

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