

Title (en)
TRAINING DEVICE

Title (de)
TRAININGSGERÄT

Title (fr)
DISPOSITIF D'ENTRAÎNEMENT

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Abstract (en)
[origin: WO03084616A1] The invention relates to a method and a training device for carrying out the method according to which the body area is twisted from the shoulder girdle of the person in a direction opposite that of the pelvic girdle whereby resulting in a relative twisting between the affected vertebrae of the vertebral column.

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