

Title (en)  
WOODEN DUMBBELL

Title (de)  
HOLZHANTEL

Title (fr)  
HALTERE EN BOIS

Publication  
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Application  
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Abstract (en)  
[origin: WO2004007030A1] The invention relates to a dumbbell, consisting of a dumbbell shaft (10, 12, 14) and metal weights (24) that are fixed to the ends of said shaft, the surfaces of the shaft and/or weights consisting of wood or a wood composite material. The advantage of said wooden surfaces is that they offer a lower risk of injury and exert less stress on the floor of the sports venue or on the training equipment that comes into contact with the dumbbells.

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