

Title (en)  
EXERCISE POLE FOR ATHLETES

Title (de)  
TRAININGSSTOCK FÜR SPORTLER

Title (fr)  
BATON D'ENTRAINEMENT POUR SPORTIF

Publication  
**EP 1744817 B1 20071121 (DE)**

Application  
**EP 05731322 A 20050427**

Priority

- CH 2005000235 W 20050427
- CH 7842004 A 20040504

Abstract (en)  
[origin: WO2005105220A1] Disclosed is an exercise pole (1) designed for athletes such as walkers, roller skaters, or on-road cross-country skiers. Said exercise pole (1) comprises an elongate pole body (2), at one end (12) of which two wheels (41, 42) are mounted that allow the exercise pole (1) to be moved in a directed rolling manner. The wheels (41, 42) are equipped with a return stop (8) that allows the wheel (41, 42) to be rotated in the direction of travel (L) while blocking the same counter to the direction of travel (L) such that pushing off in a forward direction is made possible. The fact that the inventive exercise pole (1) is in permanent contact with the ground allows the athlete to make smoother and more flowing movements while providing him or her with a greater sense of safety.

IPC 8 full level  
**A63B 9/00** (2006.01); **A45B 1/02** (2006.01); **A61H 3/04** (2006.01); **A63B 69/00** (2006.01); **A63C 11/22** (2006.01); **A63C 17/26** (2006.01); **A63B 69/18** (2006.01)

CPC (source: EP US)  
**A45B 1/02** (2013.01 - EP US); **A61H 3/04** (2013.01 - EP US); **A63B 21/0618** (2013.01 - EP US); **A63B 69/0028** (2013.01 - EP US); **A63C 11/228** (2013.01 - EP US); **A45B 2200/055** (2013.01 - EP US); **A61H 2003/046** (2013.01 - EP US); **A63B 69/182** (2013.01 - EP US); **A63B 2069/0031** (2013.01 - EP US); **A63C 11/221** (2013.01 - EP US)

Cited by  
NL2001933C; DE202009011244U1; DE102009037960A1; US10888489B2

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