

Title (en)

Dynamically adaptable program for endurance training

Title (de)

Ein dynamisch anpassbares Ausdauersporttrainingsprogramm

Title (fr)

Programme d'entraînement d'endurance adaptable dynamiquement

Publication

**EP 1797929 B1 20100331 (DE)**

Application

**EP 06405482 A 20061115**

Priority

CH 19922005 A 20051216

Abstract (en)

[origin: EP1797929A1] The process involves recording and storing measured values (8) from training and sending them to a computer unit (10). In addition to the measured values variable input parameters (7) are fed in through an input unit (11) and transferred to the computer unit (10) which then calculates from the measured values and input parameters a dynamic adaption of the endurance sport training program. The measured values can be pulse readings and heart beats. Input parameters can include training exercises and weight, resting pulse and duration and quality of sleep. Independent claim describes use of analysis process for targeted weight reduction and for improvement in performance.

IPC 8 full level

**A63B 71/06** (2006.01)

CPC (source: EP US)

**A63B 24/0006** (2013.01 - EP US); **A63B 24/0062** (2013.01 - EP US); **A63B 71/06** (2013.01 - EP US); **A63B 2024/0009** (2013.01 - EP US); **A63B 2024/0065** (2013.01 - EP US); **A63B 2024/0068** (2013.01 - EP US); **A63B 2214/00** (2020.08 - EP); **A63B 2220/803** (2013.01 - EP US); **A63B 2225/20** (2013.01 - EP US); **A63B 2225/50** (2013.01 - EP US); **A63B 2230/06** (2013.01 - EP US)

Cited by

CN107469327A; CN104436535A

Designated contracting state (EPC)

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DOCDB simple family (publication)

**EP 1797929 A1 20070620**; **EP 1797929 B1 20100331**; AT E462480 T1 20100415; DE 502006006567 D1 20100512; US 2007293371 A1 20071220

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