

Title (en)
Pace-adjusting mechanism of an elliptical cross trainer

Title (de)
Tempoverstellvorrichtung eines Ellipsen- und Crosstrainers

Title (fr)
Mécanisme de réglage de cadence d'un appareil d'exercice elliptique et au cross

Publication
EP 1870138 A1 20071226 (EN)

Application
EP 06013065 A 20060624

Priority
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Abstract (en)
A pace-adjusting mechanism of an elliptical cross trainer having a U-shaped coupling rod (19) pivotally and laterally disposed on a bottom support frame (18). An electric adjusting mechanism (30) is interposed between the U-shaped coupling rod and the frame unit (10). The electric adjusting mechanism (30) includes a motor (31), a guide spindle sleeve (32) and a telescopic spindle (32). When the telescopic spindle (32) is driven to be moved, it results in the adjustment of the relative angle of the U-shaped coupling rod (19), and wherein an L-shaped connecting rod (20) is pivotally coupled to each top side of the U-shaped coupling rod (19) while the end of the L-shaped connecting rod (20) is pivotally attached to a treadle plank (12) so that the vertical position of the treadle planks (12) is adjustable by changing the angle of the U-shaped coupling rod (19) and, therefore, the adjustment of the exercise pace is achieved.

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A63B 22/001 (2013.01); **A63B 22/0015** (2013.01); **A63B 22/0664** (2013.01); **A63B 21/225** (2013.01); **A63B 2022/067** (2013.01)

Citation (search report)

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DE ES FR GB IT SE

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