

Title (en)

Fitness device for arm and hand muscles and other body muscles

Title (de)

Trainingsgerät für die Arm- und Handmuskulatur und sonstige Körpermuskulatur

Title (fr)

Appareil d'entraînement pour la musculature du bras et de la main et autre muscles du corps

Publication

EP 1892018 B1 20100414 (DE)

Application

EP 07016300 A 20070820

Priority

DE 102006039213 A 20060822

Abstract (en)

[origin: EP1892018A1] A fitness training aid, especially for press-ups, has a handgrip shaped to fit into the palm of the hand and a larger rotating element which is pressed onto the ground., and with a rotationally symmetric shape, e.g. spherical or ellipsoidal. The large element can comprise a number of shaped discs independently rotating about a common axis. The user is able to remove and add discs and vary the order of the discs. The design can include bearings and elastic discs.

IPC 8 full level

A63B 23/12 (2006.01)

CPC (source: EP)

A63B 21/4035 (2015.10); **A63B 23/12** (2013.01); **A63B 23/03533** (2013.01); **A63B 23/1209** (2013.01); **A63B 23/1236** (2013.01)

Cited by

GB2480917A; GB2480917B; DE202023000819U1

Designated contracting state (EPC)

AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HU IE IS IT LI LT LU LV MC MT NL PL PT RO SE SI SK TR

DOCDB simple family (publication)

EP 1892018 A1 20080227; **EP 1892018 B1 20100414**; AT E464106 T1 20100415; DE 102006039213 A1 20080320; DE 502007003450 D1 20100527

DOCDB simple family (application)

EP 07016300 A 20070820; AT 07016300 T 20070820; DE 102006039213 A 20060822; DE 502007003450 T 20070820