

Title (en)

DEVICE FOR TRAINING AND IMPROVING A VOLLEYBALL SPIKE TECHNIQUE

Title (de)

EINRICHTUNG FÜR DEN VOLLEYBALLUNTERRICHT UND ZUR VERBESSERUNG DER ANGRIFSSCHLAGTECHNIK IM VOLLEYBALL

Title (fr)

DISPOSITIF D'APPRENTISSAGE ET DE PERFECTIONNEMENT D'UN COUP D'ATTAQUE EN VOLLEY-BALL

Publication

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Application

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Abstract (en)

[origin: WO2007053054A1] The invention relates to sports training devices and can be used for training a volleyball spike-motion. The inventive device comprises a bearing frame, a ball and a unit for returning the ball to the initial position thereof which is provided with an elastic spreader connected to the frame by one end thereof, a rod whose one end is fixed to the frame in such a way that it has at least two degrees of freedom, whereas the second end is connected to the ball and the second end of the spreader is connected to the rod. The frame is also provided with the rod-arresting unit. Said device enables the ball to be moved along an arc of a circle, thereby increasing the quality of the spike-motion training.

IPC 8 full level

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