

Title (en)

Exercise machine capable of providing suitable training and control method thereof

Title (de)

Übungsgerät für ein passendes Training und Kontrollverfahren dafür

Title (fr)

Machine d'exercice capable de fournir un entraînement adapté et son procédé de contrôle

Publication

**EP 2067505 A1 20090610 (EN)**

Application

**EP 08006183 A 20080328**

Priority

TW 96146210 A 20071205

Abstract (en)

An exercise machine (10) and control method thereof, the control method comprising following steps: setting personal physical parameters, receiving a mode selection command, determining to enter either an automatic operating mode or a manual operating mode, entering the automatic operating mode, receiving a program selection command and reading a corresponding training program, generating an automatic operating command by comparing the personal physical parameters with the training program and outputting the automatic operating command to the exercise machine (10) and activating the exercise machine (10) according to the automatic operating command. The exercise machine (10) thus can adjust its training strength based on the input personal physical parameters. Therefore users with different physical conditions will individually have the better sports effect.

IPC 8 full level

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CPC (source: EP)

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Citation (applicant)

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Citation (search report)

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Designated contracting state (EPC)

AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HR HU IE IS IT LI LT LU LV MC MT NL NO PL PT RO SE SI SK TR

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AL BA MK RS

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