

Title (en)  
Hip training apparatus

Title (de)  
Trainingsgerät für die Hüfte

Title (fr)  
Appareil d'entraînement des hanches

Publication  
**EP 2077140 B1 20100728 (EN)**

Application  
**EP 08100157 A 20080107**

Priority  
EP 08100157 A 20080107

Abstract (en)  
[origin: EP2077140A1] A "hip training apparatus" comprises a chassis and a pair of pivotable treadles. At the breech portion of the deck cover on said chassis, one ramp is formed at each left and right side descending from the central line outwards laterally such that one curved trough with curved track therein is configured at each ramp. Said pivotable treadle, whose front end of back side is set in the chassis, has a roller disposed at its rear end of back side thereof. At the front rim of the chassis, a carrying handle is built on the deck cover with an aperture and two lateral symmetrical slits are configured thereon for having an elastic strap passed inside so that the user can arbitrarily perform stretch and twist physical exercise with entire body in balance manner at will. Meanwhile, by means of adjusting wing nut acting on the elastic belt, the torsional tension of two pivotable treadles is arbitrarily altered.

IPC 8 full level  
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CPC (source: EP)  
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