

Title (en)
AN EXERCISE DEVICE

Title (de)
TRAININGSVORRICHTUNG

Title (fr)
DISPOSITIF D'EXERCICE

Publication
EP 2175940 B1 20110323 (EN)

Application
EP 07788342 A 20070809

Priority
EP 2007058281 W 20070809

Abstract (en)
[origin: WO2009018860A1] An exercise device (1) for training abdominal muscles comprises a substantially flat lower side (2) and an upper side (3). The upper side (3) has a curved person-facing upper surface including a first sitting portion adjacent to a first back supporting portion having a steeper ascending inclination with respect to the lower side (2), and at least a second sitting portion adjacent to a second back supporting portion having a steeper; ascending inclination with respect to the lower side (2). At least a part of the first sitting portion forms an edge portion of the device (1) without having a further inclination. The first and second back supporting portions extend between the first and second sitting portions, and the inclination of the first back supporting portion is steeper than that of the second back supporting portion.

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