

Title (en)  
EXERCISE AID

Title (de)  
TRAININGSHILFE

Title (fr)  
DISPOSITIF D'AIDE À L'EXERCICE

Publication  
**EP 2233177 A1 20100929 (EN)**

Application  
**EP 08865790 A 20081224**

Priority  

- JP 2008073423 W 20081224
- JP 2007333251 A 20071225
- JP 2007341325 A 20071228

Abstract (en)

An auxiliary exercise equipment comprises a footrest for supporting a foot of a user. The footrest is configured so that a part of the footrest relatively retreats from a remaining part of the footrest and thereby is made apart from the foot while the remaining part of the footrest supports the foot.

IPC 8 full level

**A63B 23/04** (2006.01); **A61H 1/00** (2006.01); **A61H 1/02** (2006.01); **A63B 21/068** (2006.01); **A63B 23/00** (2006.01); **A63B 23/10** (2006.01);  
**A63B 24/00** (2006.01)

CPC (source: EP US)

**A61H 1/0266** (2013.01 - EP US); **A63B 21/00178** (2013.01 - EP US); **A63B 21/068** (2013.01 - EP US); **A63B 23/10** (2013.01 - EP US);  
**A61H 2001/027** (2013.01 - EP US); **A61H 2201/1215** (2013.01 - EP US); **A61H 2201/14** (2013.01 - EP US); **A61H 2201/1635** (2013.01 - EP US);  
**A61H 2201/164** (2013.01 - EP US); **A61H 2201/1664** (2013.01 - EP US); **A61H 2230/00** (2013.01 - EP US); **A61H 2230/60** (2013.01 - EP US);  
**A61H 2230/65** (2013.01 - EP US); **A63B 21/023** (2013.01 - EP US); **A63B 21/05** (2013.01 - EP US); **A63B 2208/0204** (2013.01 - EP US);  
**A63B 2208/0233** (2013.01 - EP US)

Cited by  
**EP2687196A1**

Designated contracting state (EPC)  
AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HR HU IE IS IT LI LT LU LV MC MT NL NO PL PT RO SE SI SK TR

Designated extension state (EPC)  
AL BA MK RS

DOCDB simple family (publication)  
**EP 2233177 A1 20100929; EP 2233177 A4 20120208**; CN 101939063 A 20110105; KR 20100105728 A 20100929; TW 200930432 A 20090716;  
US 2010279835 A1 20101104; WO 2009081935 A1 20090702

DOCDB simple family (application)  
**EP 08865790 A 20081224**; CN 200880126265 A 20081224; JP 2008073423 W 20081224; KR 20107016338 A 20081224;  
TW 97150589 A 20081225; US 81013808 A 20081224