

Title (en)
Exercise apparatus

Title (de)
Übungsgerät

Title (fr)
Appareil d'exercice

Publication
EP 2279779 A1 20110202 (EN)

Application
EP 10164777 A 20100602

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Abstract (en)
The present invention provides for exercise apparatus comprising a backrest pivotally coupled in a region of a first end to a support frame and resiliently biased to extend in an at least partially upward direction therefrom, a legrest pivotally coupled in a region of a first end to the said support frame and resiliently biased to extend in an at least partially upward direction the said support being arranged for stable location of the apparatus on a floor, and the apparatus further being arranged to present a seat portion for a user in the region of the said first ends of the backrest and the legrest and so that, when sat on the apparatus, a user can exercise their legs and/or abdomen as required.

IPC 8 full level
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