

Title (en)
TRAINING POLE FOR ATHLETES

Title (de)
TRAININGSSTOCK FÜR SPORTLER

Title (fr)
BÂTON D'ENTRAÎNEMENT POUR SPORTIF

Publication
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Application
EP 10716271 A 20100313

Priority

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Abstract (en)
[origin: DE102009037960A1] The exercise pole (1) has a wheel (3) attached at a lower end of an elongate pole (2). A lower arm support (4) is hingably attached at an upper end of the elongate pole. An inclination angle (alpha) of the lower arm support is variable against a pole longitudinal axis. The arm support is pivotable to the larger inclination angle against a force of a spring or an elastic resetting element. The elongate pole is designed as a telescopable pole and consists of tubular elements (5, 5'), which are lockable by a clamping screw (6) and/or a stop element.

IPC 8 full level
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