

Title (en)  
A SLIDING ABDOMINAL EXERCISE DEVICE

Title (de)  
GLEITENDE BAUCHMUSKELTRAININGSVORRICHTUNG

Title (fr)  
DISPOSITIF COULISSANT D'EXERCICE ABDOMINAL

Publication  
**EP 2416852 A1 20120215 (EN)**

Application  
**EP 10762435 A 20100408**

Priority  
• US 2010030388 W 20100408  
• CN 200920009388 U 20090409

Abstract (en)  
[origin: WO2010118229A1] A compact, easily storable abdominal exercise device is described that provides a sliding (to-and-fro) form of exercise for a seated user. In addition, the cushion may rotate so that it can also allow a swinging/twisting motion. Consequently, the sliding and/or the sliding + twisting modes of the exercise device allow a greater range of motions for exercising the muscles of the waist and help to stimulate firming and toning of the waist areas more effectively.

IPC 8 full level  
**A63B 23/02** (2006.01)

CPC (source: EP KR US)  
**A63B 22/14** (2013.01 - EP US); **A63B 23/02** (2013.01 - KR); **A63B 23/0211** (2013.01 - EP US); **A63B 23/0227** (2013.01 - EP US); **A63B 2022/206** (2013.01 - EP US); **A63B 2023/003** (2013.01 - EP US); **A63B 2208/0233** (2013.01 - EP US)

Citation (search report)  
See references of WO 2010118229A1

Designated contracting state (EPC)  
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Designated extension state (EPC)  
AL BA ME RS

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**WO 2010118229 A1 20101014**; AU 2010234340 A1 20111027; BR PI1010515 A2 20190903; CA 2758188 A1 20101014; CN 201404628 Y 20100217; EP 2416852 A1 20120215; JP 2012523287 A 20121004; KR 20120009488 A 20120201; MX 2011010470 A 20120120; NZ 595399 A 20130222; RU 2011139484 A 20130410; US 2012100973 A1 20120426

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