

Title (en)

A SLIDING ABDOMINAL EXERCISE DEVICE

Title (de)

GLEITENDE BAUCHMUSKELTRAININGSVORRICHTUNG

Title (fr)

DISPOSITIF COULISSANT D'EXERCICE ABDOMINAL

Publication

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Application

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Priority

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Abstract (en)

[origin: WO2010118229A1] A compact, easily storable abdominal exercise device is described that provides a sliding (to-and-fro) form of exercise for a seated user. In addition, the cushion may rotate so that it can also allow a swinging/twisting motion. Consequently, the sliding and/or the sliding + twisting modes of the exercise device allow a greater range of motions for exercising the muscles of the waist and help to stimulate firming and toning of the waist areas more effectively.

IPC 8 full level

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CPC (source: EP KR US)

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Citation (search report)

See references of WO 2010118229A1

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