

Title (en)  
TRAINING EQUIPMENT FOR THE MUSCLES OF THE HUMAN TORSO

Title (de)  
ÜBUNGSGERÄT FÜR OBERKÖRPERMUSKELN

Title (fr)  
MATÉRIEL D'EXERCICE POUR LES MUSCLES DU TORSE HUMAIN

Publication  
**EP 2490771 A1 20120829 (EN)**

Application  
**EP 10825275 A 20101020**

Priority  
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• SE 2010000251 W 20101020

Abstract (en)  
[origin: WO2011049504A1] An exercise equipment for humans, primarily intended for activation of the muscles of the trunk, abdomen, back, shoulders and arms, consisting of two mutually identical parts, each comprising a handle (2) and fastening means (3) attached thereto, intended to fasten the handles on the upper arms (15, 16) of a user, and wherein the handles are intended to be gripped with the hand on an opposite arm.

IPC 8 full level  
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