

Title (en)

TRANSFORMABLE EXERCISE MACHINE FOR FUNCTIONAL EXERCISING

Title (de)

UMWANDELBARE TRAININGSMASCHINE FÜR FUNKTIONELLES TRAINING

Title (fr)

MACHINE D'ENTRAÎNEMENT TRANSFORMABLE POUR ENTRAÎNEMENT FONCTIONNEL

Publication

EP 2520342 A1 20121107 (EN)

Application

EP 10841356 A 20101216

Priority

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Abstract (en)

The present invention relates to devices for exercising separate portions of the body or entire groups of muscles simultaneously, and can be used for developing the main motor qualities: strength, endurance, flexibility, dexterity and coordination. The exercise machine for functional exercising comprises two bearing loops with handles, a cord and a pulley, a second pulley, two sling ropes, at least two safety hooks, a Tibloc and a spacing bar. Each bearing loop is provided on the handle-side with a second load-carrying loop and a third limiting loop, while the other end of the bearing loop is made in the form of loop for connection to the safety hook; the Tibloc has a safety hook attached thereto and is arranged on the cord having both ends in the form of loops for connection to the safety hook, while the sling ropes are also provided with loop-shaped members for connection to a safety hook and with pouches for attaching the spacing bar having a length corresponding to the shoulder width of the person exercising.

IPC 8 full level

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