

Title (en)
EXERCISE MACHINES

Title (de)
ÜBUNGSVORRICHTUNGEN

Title (fr)
MACHINES D'EXERCICE

Publication
EP 2800610 B1 20180718 (EN)

Application
EP 13700782 A 20130104

Priority
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Abstract (en)
[origin: WO2013102760A1] Disclosed is an exercise machine comprising an operating member arranged to be movable in a generally horizontal arc about a generally vertical axis against resistance and in a generally vertical arc about a generally horizontal axis against resistance to provide both rotational reciprocal movement for rotary torso and abdominal crunch exercises. The resistance may be provided by unidirectional adjustable hydraulic struts. An embodiment comprises five separate exercising modules arranged and configured to respectively exercise torso, abdominal, chest, shoulder and leg muscle groups, the muscle group exercising modules being disposed to be operated by a user from a single seated position.

IPC 8 full level
A63B 23/035 (2006.01)

CPC (source: EP GB)
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