

Title (en)

COMPOSITIONS AND METHODS FOR INCREASING STRENGTH AND MUSCLE MASS

Title (de)

ZUSAMMENSETZUNGEN UND VERFAHREN ZUR ERHÖHUNG DER FESTIGKEIT UND MUSKELMASSE

Title (fr)

COMPOSITIONS ET PROCÉDÉS POUR L'AUGMENTATION DE LA FORCE ET DE LA MASSE MUSCULAIRE

Publication

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Application

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Abstract (en)

[origin: WO2013175386A1] Phosphatidic acid, lyso-phosphatidic acid, glycerol-3-phosphate and/or phospholipase D can be administered to exercising mammals to increase muscle mass and strength. These actives can be administered orally to aging, bedridden or cachectic patients to improve nitrogen balance. A highly suitable form of phosphatidic acid for administration is phosphatidic acid-enriched lecithin. Creatine can be co-administered orally to increase muscle-building and strength-enhancing effects. Other additives can include nutritional and herbal supplements, micronutrients and hormones.

IPC 8 full level

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Citation (search report)

See references of WO 2013175386A1

Citation (examination)

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