

Title (en)

TRAINING DEVICE HAVING A BASE PLATE AND TWO MAIN SIDE STANDS

Title (de)

TRAININGSGERÄT MIT EINER BODENPLATTE UND ZWEI HAUPTSEITENSTÄNDERN

Title (fr)

APPAREIL D'ENTRAÎNEMENT POURVU D'UNE PLAQUE DE BASE ET DE DEUX MONTANTS LATÉRAUX PRINCIPAUX

Publication

EP 3200883 B1 20210526 (DE)

Application

EP 15784276 A 20150929

Priority

- DE 102014014616 A 20141002
- DE 102014015229 A 20141015
- DE 202014008246 U 20141015
- EP 2015001924 W 20150929

Abstract (en)

[origin: WO2016050352A1] The invention relates to a training device (10) for therapeutic and sporting movement exercises, comprising: a base plate (12) having a training surface (14); a leg support (50) extending above the base plate (12) on an end side (16) and along a transverse direction (y) of the base plate (12); two main side stands (24, 26) which extend upwards from the base plate (12) and are secured to same, which are arranged at a distance to one another in the transverse direction (y) of the base plate (12), and which are arranged at a substantially equal distance from the leg support (50) in a longitudinal direction (x) perpendicular to the transverse direction (y) of the base plate (12), wherein a spacing region formed in this way on the base plate (12) is designed as at least one part of the training surface (14); and a torso and buttocks support (44) arranged on the main side stands (24, 26) above the base plate (12) and extending between the main side stands (24, 26), wherein a respective upper receiving means (38, 40) for the torso and buttocks support (44) is arranged on both main side stands (24, 26), having two or a plurality of upper retaining recesses (34, 36) at different upper retaining positions (42), wherein the retaining recesses (34, 36) of the two main side stands (24, 26) are formed in mirror-image, in particular arranged in mirror-image positions, between the main side stands (24, 26) relative to a notional mid-plane.

IPC 8 full level

A63B 23/02 (2006.01); **A63B 21/068** (2006.01); **A63B 23/00** (2006.01); **A63B 23/12** (2006.01)

CPC (source: AT EP)

A63B 21/068 (2013.01 - AT EP); **A63B 23/02** (2013.01 - EP); **A63B 23/0211** (2013.01 - AT EP); **A63B 23/0233** (2013.01 - AT EP); **A63B 23/1227** (2013.01 - EP); **A63B 21/4045** (2015.10 - EP); **A63B 2023/006** (2013.01 - EP); **A63B 2208/0238** (2013.01 - EP); **A63B 2210/50** (2013.01 - EP); **A63B 2225/09** (2013.01 - EP)

Citation (examination)

DE 202014003356 U1 20140923 - HELBING MICHAEL [DE]

Designated contracting state (EPC)

AL AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HR HU IE IS IT LI LT LU LV MC MK MT NL NO PL PT RO RS SE SI SK SM TR

DOCDB simple family (publication)

DE 202014008246 U1 20160111; AT 15484 U2 20171015; AT 15484 U3 20180315; DE 102014015229 A1 20160407; DE 102014015229 B4 20180913; EP 3200883 A1 20170809; EP 3200883 B1 20210526; WO 2016050352 A1 20160407

DOCDB simple family (application)

DE 202014008246 U 20141015; AT 3222016 U 20150929; DE 102014015229 A 20141015; EP 15784276 A 20150929; EP 2015001924 W 20150929