

Title (en)
THERAPEUTIC STICK AND METHOD OF USE

Title (de)
THERAPEUTISCHER STICK UND VERFAHREN ZUR VERWENDUNG

Title (fr)
BÂTON THÉRAPEUTIQUE ET PROCÉDÉ D'UTILISATION

Publication
EP 3365079 B1 20200226 (EN)

Application
EP 16860769 A 20161027

Priority
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Abstract (en)
[origin: CN108601969A] An apparatus for improving flexibility and its method of use are provided. The apparatus features a flexible member, which can have varying degrees of stiffness and flexibility, based on user preference. Further, the apparatus features a first and second auxiliary grip, as well as a first and second primary grip. In conjunction, these grips provide a vast multitude of ways to grip the apparatus, enabling it to be used in a wide variety of stretches and exercises, promoting strength as well as joint mobility and flexibility.

IPC 8 full level
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