

Title (en)  
METHOD FOR CONTROLLING A USER'S BREATHING DURING A WORKOUT WITH AN EXERCISE MACHINE AND EXERCISE MACHINE THEREOF

Title (de)  
VERFAHREN ZUR STEUERUNG DER ATMUNG EINES BENUTZERS WÄHREND EINES TRAININGS MIT EINEM ÜBUNGSGERÄT UND ÜBUNGSGERÄT DAFÜR

Title (fr)  
PROCÉDÉ DE CONTRÔLE DE LA RESPIRATION D'UN UTILISATEUR LORS D'UNE SESSION D'ENTRAÎNEMENT AVEC UNE MACHINE D'EXERCICE ET MACHINE D'EXERCICE CORRESPONDANTE

Publication  
**EP 4062983 A1 20220928 (EN)**

Application  
**EP 22164456 A 20220325**

Priority  
IT 202100007334 A 20210325

Abstract (en)  
A method (300) for controlling a user's breathing during a workout with an exercise machine, comprising steps of:- acquiring (301), by a data processing unit of an exercise machine, at least one parameter representative of a physical exercise being performed by the user with the exercise machine;- determining (302), by the data processing unit of the exercise machine, an indication of the breathing to be followed by the user while performing the physical exercise based on the acquired at least one parameter representative of the physical exercise;- providing (303) the user, by the data processing unit of the exercise machine, with the determined indication of the breathing.

IPC 8 full level  
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Citation (search report)

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