

Title (en)  
MUSCLE STRENGTHENING BAR

Title (de)  
MUSKELVERSTÄRKUNGSSTAB

Title (fr)  
BARRE DE RENFORCEMENT MUSCULAIRE

Publication  
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Application  
**EP 21716772 A 20210412**

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Abstract (en)  
[origin: WO2021209361A1] The invention relates to a muscle strengthening bar (1) comprising a central gripping part (3) separating a first end (2a) designed to receive a first weight (7a) and a second end (2b) designed to receive a second weight (7b). According to the invention, the muscle strengthening bar (1) comprises a first attachment means (4a) and a second attachment means (4b) positioned symmetrically in relation to the central gripping part (3), each attachment means (4a, 4b) being positioned between one of the ends (2a, 2b) and the central gripping part (3), and being designed to be connected to an end (6a, 6b) of a cord (5a).

IPC 8 full level  
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