

Title (en)  
TRAINING APPARATUS

Title (de)  
TRAININGSVORRICHTUNG

Title (fr)  
APPAREIL D'EXERCICE

Publication  
**EP 4216898 A1 20230802 (DE)**

Application  
**EP 21772726 A 20210830**

Priority  
• AT 508142020 A 20200924  
• EP 2021073884 W 20210830

Abstract (en)  
[origin: WO2022063524A1] A training apparatus (1) for stimulating the back muscles associated with a person's spine has two rows of shaped bodies (2), which run one beside the other in a longitudinal direction (L), in particular are not offset from one another, are connected to one another via connecting portions (3) and project away from a base plane (4) which runs through the connecting portions (3). Each of the shaped bodies (2) has at least one bearing region (10), which is in the form of a bearing point or bearing surface and is intended for stimulating the back muscles, wherein the shaped bodies (2) of the one row along with the adjacent, associated shaped bodies (2) of the other row form respective shaped-body pairs (P), and wherein the shaped bodies (2) of the shaped-body pairs (P) form interspaces, in which portions of a spine can be accommodated in the longitudinal direction (L) of the rows. The shaped bodies (2) are formed monolithically together with the connecting portions (3).

IPC 8 full level  
**A61H 15/00** (2006.01); **A61H 7/00** (2006.01)

CPC (source: AT EP KR US)  
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BA ME

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