

Title (en)

METHODS AND SYSTEMS FOR TREATING HEALTH CONDITIONS USING PRESCRIPTION DIGITAL THERAPEUTICS

Title (de)

VERFAHREN UND SYSTEME ZUR BEHANDLUNG VON GESUNDHEITSZUSTÄNDEN UNTER VERWENDUNG VON REZEPTPFLICHTIGEN DIGITALEN THERAPEUTIKA

Title (fr)

MÉTHODES ET SYSTÈMES POUR LE TRAITEMENT D'ÉTATS DE SANTÉ À L'AIDE DE THÉRAPIES NUMÉRIQUES DE PRESCRIPTION

Publication

EP 4233071 A1 20230830 (EN)

Application

EP 21883581 A 20211014

Priority

- US 202063104322 P 20201022
- US 202117497499 A 20211008
- US 2021054980 W 20211014

Abstract (en)

[origin: WO2022086781A1] A prescription digital therapeutic (PDT) system is provided to patients/users, wherein the PDT system allows guided behavioral therapy and skills training to be administered in a convenient and flexible, yet structured fashion, via a system associated with an application such as a mobile application. Guided behavioral therapy technologies may be based at least in part on cognitive behavioral therapy (CBT) techniques to allow for development of a skillset for treating a physiological disease, disorder and/or condition, and for managing stress and/or other psychological symptoms associated with such disease, disorder and/or condition. Patient interactions with the PDT system are monitored to control progression through the system content and to continually refine one or more personalized intervention regimens associated with the guided behavioral therapy.

IPC 8 full level

G16H 50/20 (2018.01); **A61B 5/00** (2006.01); **G16H 10/60** (2018.01); **G16H 20/60** (2018.01); **G16H 20/70** (2018.01)

CPC (source: EP KR)

A61B 5/7465 (2013.01 - KR); **G06N 20/00** (2019.01 - KR); **G16H 10/20** (2018.01 - KR); **G16H 10/60** (2018.01 - KR); **G16H 15/00** (2018.01 - EP);
G16H 20/10 (2018.01 - KR); **G16H 20/30** (2018.01 - KR); **G16H 20/60** (2018.01 - KR); **G16H 20/70** (2018.01 - EP KR);
G16H 50/20 (2018.01 - KR); **G16H 50/30** (2018.01 - KR); **G16H 80/00** (2018.01 - KR)

Designated contracting state (EPC)

AL AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HR HU IE IS IT LI LT LU LV MC MK MT NL NO PL PT RO RS SE SI SK SM TR

Designated extension state (EPC)

BA ME

Designated validation state (EPC)

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