

Title (en)

TRAINING APPARATUS FOR PRACTISING A PUSHING OR PULLING MOVEMENT

Title (de)

TRAININGSGERÄT ZUM ÜBEN EINER SCHIEBE- ODER ZUGBEWEGUNG

Title (fr)

APPAREIL D'ENTRAÎNEMENT POUR LA PRATIQUE D'UN MOUVEMENT DE POUSSÉE OU DE TRACTION

Publication

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Application

**EP 22738618 A 20220627**

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Abstract (en)

[origin: WO2023280616A1] The invention relates to a training apparatus comprising: a treadmill having a movable track for walking or running; a guide arrangement arranged substantially parallel to the movable track; a carriage which is mounted displaceably on the guide arrangement and which has a grip; and a weight, wherein the carriage is coupled to the weight in such a way that it can be displaced against the weight along the guide arrangement in the walking or running direction and as a result loading of the carriage is simulated, wherein the force to be exerted on the carriage for displacement by a user in the walking or running direction depends on the simulated loading of the carriage. The invention further relates to the use of the apparatus.

IPC 8 full level

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