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(54) HEAD CRADLE WITH BODY SUPPORT

KOPF- UND KÖRPERSTÜTZE

COIFFE A SUPPORT CORPOREL

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(73) Proprietor: **Cuddy, Robert B.**
Warrington, PA 18976 (US)

(72) Inventor: **Cuddy, Robert B.**
Warrington, PA 18976 (US)

(74) Representative: **Symons, Rupert Jonathan**
HLBBshaw,
10th Floor
1 Hagley Road,
Birmingham B16 8TG (GB)

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Description**FIELD OF THE INVENTION**

[0001] The invention generally relates to support cushions, and more particularly, to a face cradle including a body support for supporting the user's face, head and even chest while in a lying position.

BACKGROUND OF INVENTION

[0002] The use of head support cushions is well-known in the art. Examples of such head support cushions are: U.S. Patent Nos. 1,542,674 (Darling); 2,107,962 (Sheasby); 2,795,802 (Myers); 3,315,282 (Lowery et al.); 3,926,181 (Eischen, Sr.); 4,074,376 (Bond); 4,730,801 (Cloward); 4,891,854 (Finkelstein); 4,907,306 (Nakaji); 5,632,050 (Zajas et al.); 5,682,632 (Cotroneo); 5,970,546 (Danis); 6,042,184 (Kofoed); 6,052,848 (Kelly), and 6,128,797 (Shafer).

[0003] However, none of the above teach or suggest an apparatus that can be used for a variety of head positions without the need to introduce an new or external member, or whereby a portion of the apparatus can be formed to provide a support for a different head position.

[0004] Therefore, there remains a need for a head support for a user in a lying position, either face-up, face down or on the side and which includes body support members that can be manipulated to form a chest support, a neck support or a portion of the head support.

SUMMARY OF THE INVENTION

[0005] An apparatus for supporting the head of a user while the user is lying in a face-down position, a face-up position or a side position. The apparatus comprises: head cradle for receiving a portion of the user's head; at least two elongated arms that are coupled to the head cradle and wherein the at least two elongated arms are manipulable to form a chest support or a neck support or a head support; and wherein the head cradle comprises an inner opening that receives the head of a user.

[0006] A method for supporting both the head and chest of a user lying in a face down position. The method comprises the steps of: (a) providing a head cradle that includes an oval-shaped opening and ventilation for supporting the head of a user lying face down thereon; (b) providing at least two tapered elongated arms that are coupled to a portion of the head cradle at a first end and having free ends; and (c) extending the free ends of the at least two tapered elongated arms away from the head cradle for supporting the chest of the user thereon.

[0007] A method for supporting both the head and neck of a user lying in a face up position. The method comprises the steps of: (a) providing a head cradle that includes an opening for supporting the head of a user lying face up thereon; (b) providing at least two elongat-

ed arms that are coupled to a portion of the head cradle at a first end and having free ends and wherein the free ends are manipulated into a transverse position at a bottom surface of the head cradle for supporting the back of the neck of the user.

[0008] A method for supporting the head of a user lying in a side position. The method comprising the steps of: (a) providing a head cradle that includes an opening for supporting the head of a user lying face up thereon; (b) providing at least two elongated arms that are coupled to a portion of the head cradle at a first end and having free ends and wherein the free ends are releasably secured to the head cradle to cover a substantial portion of said opening for supporting the side of the head of the user thereon.

DESCRIPTION OF THE DRAWINGS

[0009]

Fig. 1 is an isometric view of the head cradle with body support;

Fig. 2 is an isometric view of the invention of Fig. 1 but with one of the depending arms positioned over the opening of the head support;

Fig. 3 is an isometric view of the invention of Fig. 1 depicting both depending arms positioned over the opening of the head support;

Fig. 4 is a cross-sectional view of the invention taken along line 4-4 of Fig. 1;

Fig. 5 is a cross-sectional view of the invention taken along line 5-5 of Fig. 1;

Fig. 6 is a cross-sectional view of the invention taken along line 6-6 of Fig. 1;

Fig. 7 is a top plan view of the invention with a user, shown in phantom, lying face down on the invention;

Fig. 8 is a top plan view of the invention with a user, shown in phantom, lying on her back, face up, with her head positioned in the head cradle and with the depending arms folded to provide a neck support;

Fig. 9 is a top plan view of the invention with a user,

shown in phantom, lying on her side with her head positioned in the head cradle and with the depending arms folded over the opening in the head cradle to provide a head support;

Fig. 10 is an alternate embodiment of the present invention using a different head cradle construction;

Fig. 11 is a partial cross-sectional view of the alter-

nate embodiment taken along line 11-11 of Fig. 10;

Fig. 12 is an inflatable embodiment of the present invention; and

Fig. 13 is a partial cross-sectional view of the inflat-

able embodiment taken along line 13-13 of Fig. 12.

DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

[0010] Referring now in detail to the various figures of the drawing wherein like reference characters refer to like parts, there is shown at 20 a head cradle with body support (hereinafter "apparatus 20"). The apparatus 20 basically comprises a head cradle 22 and depending arms 24A and 24B that can be manipulated in different positions. The apparatus 20 is used by a person in a lying position, such as on a beach, treatment/examination table, bed, couch, lounge chair, etc. As will be discussed in detail later, the apparatus 20 can be used as a face/chest support (Fig. 7), as a head and neck support (Fig. 8) or as a side head support (Fig. 9).

[0011] In particular, the head cradle 22 is ring-like or annular-shaped having an inner portion 26 that conforms to the shape of a human face (e.g., an oval). As shown most clearly in Fig. 5, the head cradle 22 comprises four parts:

- a rigid foam material 28 that is also annular-shaped;
- a plurality of flexible plastic tubes 30A - 30H (Fig. 4) positioned in recesses (not shown) in the rigid foam material 28;
- an annular-shaped fabric 32 filled with beads 34 that is positioned on top of the plastic tubes 30A-30H and the rigid foam material 28; and
- an outer fabric 36 that contains all of these components and which utilizes a single seam 38 (Fig. 4) to close the fabric 36 around these components.

The plurality of tubes 30A-30H permits the passage of air into/out of the inner portion 26 when the user is lying with his/her face down on the head cradle 22. The bead filled fabric 32 provides a flexible cushion that conforms to the head of the user, whether the user is lying face-down or head-up.

[0012] It should be understood that term "annular-shaped" or "ring-like" as used throughout this Specification implies that the inner portion 26 of the head cradle 22 comprises a shape that conforms to the shape of the human face or head (e.g., oval) but does not require that the outside periphery of the head cradle 22 be circular, round, oval, etc. In fact, the outside periphery of the head cradle 22 can assume almost any shape.

[0013] As shown in Fig. 6, each of the dependent arms 24A and 24B comprises a fabric 40 (similar to fabric 36) that is also filled with beads 42 (similar to the beads 34). The fabric 40 is closed by a single seam 41A and 41B for each of the arms 24A/24B, which is shown underneath the dependent arms 24A and 24B in Fig. 4. The upper portions 44A and 44B (Fig. 1) of each of the dependent arms 24A/24B comprise an internal fabric 46 also filled with beads 48. This bead-filled internal fabric 46 acts as a shoulder support for each dependent arm 24A/24B when the user is lying face down with his/her head in the inner portion 26, as will be discussed in detail

later. When the dependent arms 24A and 24B are to be attached to the head cradle 22, the bead-filled fabric 46 is positioned in the upper portion 44A and 44B of the dependent arm fabric 40 (which itself has been substantially filled with the beads 42). The upper ends 48A and 48B of the dependent arm fabric 40 are then sown with a seam 50A and 50B to the head cradle 22. Thus, the seams 50A and 50B also act as pivot locations for the dependent arms 24A/24B with respect to the head cradle 22.

[0014] Both the rigid foam material 28 and the beads (34, 42, 48) may comprise latex-covered closed cell foam rubber which are non-absorbent to water; alternatively, the beads may comprise polystyrene beads. All of the fabrics 32, 36, 40 and 46 comprise a washable (e.g., cold water/delicate cycle) material. The outer fabrics 36 and 40 may comprise a light color to assist in reflecting, rather than absorbing, heat especially when the apparatus 20 is used on the beach or any outdoor activity where the user is exposed to the sun. Furthermore, the outer fabric 36 is also a breathable material in order to allow the passage of air in and out of the plurality of tubes 30A-30H in the head cradle 22. The material of the outer fabrics 36 and 40 also are amenable to having print placed thereon.

[0015] To permit the dependent arms 24A and 24B to be manipulated to provide the different supports of the apparatus 20, a releasably securement mechanism is provided. A hook/pile arrangement (e.g., Velcro®) can be implemented to achieve this. For example, the head cradle 22 comprises a first hook strip 52 and a second hook strip 54 that are disposed on the sides, as shown in Figs. 1 and 4. Furthermore, the inside surface of the free ends of the dependent arms 24A/24B comprise corresponding pile strips 56A and 56B. Thus, as shown in Fig. 2, the dependent arm 24B is folded over the head cradle 22 and the first hook strip 52 is engaged with the pile strip 56B. Then, as shown in Fig. 3, the other dependent arm 24A is then folded over the folded dependent arm 24B and head cradle 22 and the second hook strip 54 is engaged with the pile strip 56A. It should be noted that when the dependent arm 24A is folded over the already-folded dependent arm 24B, the force needed to engage the second hook strip 54 with the pile strip 56A causes the dependent arms 24A/24B to cover a substantial portion of the inner portion 26, thereby providing a head support as shown in Fig. 9. Alternatively, as shown in Fig. 10, the hook/pile arrangement can be replaced with a snap mechanism. In particular, a female portion 154 of the snap is located on the head cradle 22A and the corresponding male portion 156A and 156B is located on respective dependent arms 24A' and 24B'. It should be noted that the locations of the male portions 156A and 156B do not correspond to the locations of the pile strips 56A/56B on their respective dependent arms 24A/24B, but the coupling effect is the same.

[0016] It should also be noted that, although not shown, the bottom surface of the head cradle 22 may

also comprise a hook/pile configuration for releasably coupling the head cradle 22 to an auxiliary member that is secured to a recreational device, e.g., a raft. Thus, the auxiliary member can be attached to the raft and then the head cradle 22 releasably secured to the auxiliary member. In this manner, the apparatus 20 can be used on a raft without the apparatus 20 sliding off.

[0017] When the apparatus 20 is to be used as a face/chest support as shown in Fig. 7, the dependent arms 24A/24B are placed in their elongated position. The user U then lies face down by placing his/her face into the inner portion 26. The user's U chest/upper torso is supported on the dependent arms 24A/24B, with each of the shoulders being supported by the upper portions 44A/44B of the dependent arms 24A/24B; the arms 24A/24B are tapered to provide appropriate support to the chest. In this position, the user U can breathe normally due to the presence of the plurality of tubes 30A-30H. The bean-filled annular-shaped fabric 32 inside the head cradle 22 provides a soft conforming surface against which the user's face rests.

[0018] When the apparatus 20 is to be used as a head and neck support as shown in Fig. 8, the user U folds the dependent arms 24A/24B into a somewhat transverse position at the base, or bottom surface, of the head cradle 22. The user U then lies with the back of his/her head positioned in the inner portion 26. The user U can adjust the height of the neck support, formed by these folded dependent arms 24A/24B, by moving the arms 24A/24B back and forth.

[0019] When the apparatus 20 is to be used as a side head support as shown in Fig. 9, the apparatus 20 is folded as described earlier with respect to Figs. 2-3. In that configuration, the inner portion 26 is covered by the dependent arms 24A/24B and therefore the user U can lie with the side of his/her head on top of the folded dependent arms 24A/24B.

[0020] Figs. 10-11 depict an alternate embodiment of the apparatus 20 using a different head cradle 22A construction. In particular, as shown most clearly in Fig. 11, the head cradle 22A comprises the annular-shaped fabric 32 filled with beads 34 (discussed earlier) which rests on top of a rigid support ring 130 (e.g., molded plastic). The support ring 130 comprises an upper annular-shaped surface 132 and a lower annular-shaped surface 134 that are vertically separated from each other by a plurality of struts (e.g., six and only four of which 136A, 136B, 136C and 136D are shown) of different heights. The differing strut heights (e.g., strut 136A having the greatest height and strut 136D having the smallest height) provide for a slightly-raised head position when the person is lying down with his/her head in the head cradle 22A; the angle α (Fig. 11) shows such a slight angle to a horizontal reference. The support ring 130 replaces the rigid foam material 28 discussed earlier and also eliminates the need for the plurality of flexible plastic tubes 30A-30H also described earlier. Because of the use of the plurality of struts in the support

ring 130, the lower portion of the head cradle 22A is mostly open space. Moreover, when the support ring 130 and the annular-shaped fabric 32 are covered with the outer fabric 36, netting (e.g., nylon netting) sections

5 137 form portions of the outer fabric 36 that permit the passage of air through the head cradle 22A, thereby providing for ventilation when the user is lying with his/her head face down in the cradle 22A.

[0021] One exemplary way of forming the support ring 10 130 is by molding the upper annular-shaped surface 132 to comprise an upper portion 138 of each strut and molding the lower annular-shaped surface 134 to comprise a lower portion 140 of each strut. The two annular-shaped surfaces 132/134 are then coupled together (e.g., press fit the upper 138 and lower 140 portions) between the upper 138 and lower 140 portions of each strut. Alternatively, the entire support ring can be a single molded piece.

[0022] As discussed earlier, it is also preferable that 20 the fabric 36 used in the head cradle 22A comprise a material that "breathes" or absorbs moisture (e.g., sweat) such as a stretch-Terrycloth material.

[0023] It should also be noted that the upper portions 25 44A' and 44B' (Fig. 10) are longer than upper portions 44A and 44B discussed earlier with respect to Figs. 1-9 and that the dependent arms 24A' and 24B' are shorter than dependent arms 24A and 24B discussed earlier in Figs. 1-9. Other than that, upper portions 44A' and 44B' and dependent arms 24A' and 24B' function to support 30 the shoulders and chest of the user as discussed earlier with respect to Figs. 1-9.

[0024] The releasable securement mechanism used 35 in the apparatus 20 of Figs. 10-11 is shown using a snap mechanism (e.g., snap components 154, 156A/156B) but it should be understood that this is only by way of example and that any other well-known releasable securement mechanism can be used such as the hook/pile arrangement shown in Figs. 1-9 and 12.

[0025] Figs. 12-13 depict an inflatable embodiment of 40 the apparatus 20. In particular, the head cradle 22B, upper portions 44A"/44B" and dependent arms 24A"/24B" comprise a unitary member that can be inflated using a valve 200. Furthermore, the head cradle 22B itself comprises a unitary member having an upper annular-shaped section 222 and a lower annular-shaped support section 224 comprising a plurality of legs 226 disposed on each side of the head cradle 22B that form archways 228. The lower annular-shaped support section 224 supports the head cradle 22B and the archways 50 228 provide ventilation for the user when he/she is lying with his/her face in the head cradle 22B. The releasable securement mechanism shown in Fig. 12 uses the hook/pile arrangement (hook strip 52 and pile strip 256A) but, as mentioned previously, could be any other well-known releasable securement means such as a snap mechanism (see Fig. 10). The inflatable embodiment may comprise a plastic material or other well-known durable material that is suitable for inflation. The valve 200 com-

prises a displaceable air filler stem 201 that can be seated inside the head cradle 22B after inflation (see Fig. 13), as is also well-known for inflatable products. Other than that, the apparatus 20 shown in Figs. 12-13 can be used in the same manner as discussed with respect to the apparatus 20 of Figs. 1-11.

[0026] Without further elaboration, the foregoing will so fully illustrate my invention that others may, by applying current or future knowledge, readily adopt the same for use under various conditions of service.

Claims

1. An apparatus for supporting the head of a user while the user is lying in a face-down position, a face-up position or a side position, said apparatus comprising:

head cradle for receiving a portion of the user's head;

at least two elongate arms that are coupled to said head cradle and wherein said at least two elongate arms are manipulable to form a chest support or a neck support or a head support;

and wherein said head cradle comprises an annular-shaped or ring-like inner opening that receives the head of a user.

2. The apparatus of Claim 1 wherein said inner opening is oval-shaped to conform to the face of a user.

3. The apparatus of Claim 2 wherein said head cradle comprises:

a first annular-shaped rigid foam material; a plurality of lumens positioned on said first annular-shaped rigid foam material in radial positions around said first annular-shaped rigid foam material;

a second annular-shaped fabric comprising beads therein and disposed on top of said lumens and said first annular-shaped rigid foam material; and

a first fabric enclosing said first annular-shaped rigid foam material, said plurality of lumens and said second annular-shaped fabric.

4. The apparatus of Claim 3 wherein said rigid foam material comprises latex covered closed cell foam rubber.

5. The apparatus of Claim 1 or Claim 2 wherein said head cradle comprises:

a rigid upper annular-shaped member and a rigid lower annular-shaped member orientated

in a generally horizontal position and separated from each other by a plurality of struts distributed around said rigid upper and lower annular-shaped members;

an annular-shaped fabric comprising beads therein disposed on said rigid upper annular-shaped member; and

a fabric enclosing said rigid upper and lower annular-shaped member and said annular-shaped fabric comprising beads.

6. The apparatus of Claim 5 wherein said fabric enclosing said upper and lower annular-shaped members and said annular-shaped fabric comprising beads comprises netting adjacent some of said plurality of struts.

7. The apparatus of Claim 6 wherein said head cradle supports the head of a user at a non-zero angle with respect to a horizontal reference.

8. The apparatus of Claim 7 wherein said head cradle has a forward end and a back end, said struts located at said forward end being longer than said struts at said back end.

9. The apparatus of any of Claims 3 to 8 wherein each of said at least two elongate arms comprises a second fabric filled with beads that is coupled to said head cradle to form pivot locations.

10. The apparatus according to Claim 9 wherein each of said at least two elongate arms further comprises a third fabric filled with beads and wherein said third fabric filled with beads is positioned inside said second fabric filled with beads adjacent said pivot locations, said third fabric filled with beads forming shoulder supports for a user lying face down with his/her head on said head cradle.

11. The apparatus according to any of Claims 3 to 10 wherein said beads comprise latex-covered closed cell foam rubber.

12. The apparatus according to any of Claims 3 to 10 wherein the beads comprise polystyrene.

13. The apparatus according to any preceding claim wherein each of said at least two elongate arms are tapered.

14. The apparatus according to any preceding claim wherein said at least two elongate arms comprise free ends and wherein each of said free ends comprises a first portion of a releasable securing mechanism and wherein said head cradle comprises a second corresponding portion of said releasable securing mechanism that permits the free ends of

- said at least two elongate arms to be releasably secured to said head cradle to form a head support that permits a user to lie sideways with his/her head positioned on said head cradle.
- 5
- coupled to a portion of the head cradle at a first end and having free ends, said free ends being releasably secured to said head cradle to cover a substantial portion of said opening for supporting the side of the head of the user thereon.
15. The apparatus of claim 14 wherein said releasable securing mechanism comprises a hook/pile.
16. The apparatus of Claim 14 wherein said releasable securing mechanism comprises a snap arrangement.
- 10
21. The method of claim 20 wherein said step of providing at least two elongate arms comprises:
- (a) releasably securing the free end of one of said at least two elongate arms to a first side of said head cradle; and
- (b) releasably securing the free end of the other one of said at least two elongate arms to a second side, opposite said first side, of said head cradle, said other one of said at least two elongate arms overlapping said one of said at least two elongate arms to cover said substantial portion of said opening.
17. The apparatus according to any of Claims 1 to 13 wherein said at least two elongate arms comprise free ends and wherein said at least two elongate arms can be positioned closely adjacent a bottom surface of said head cradle to form a neck support for a user lying with the back side of his/her head in said head cradle.
- 15
- 20
18. A method for supporting both the head and chest of a user lying in a face down position, said method comprising the steps of:
- (a) providing a head cradle that includes an oval-shaped opening and ventilation for supporting the head of a user lying face down thereon;
- (b) providing at least two tapered elongate arms that are coupled to a portion of the head cradle at a first end and having free ends; and
- (c) extending said free ends of said at least two tapered elongate arms away from said head cradle for supporting the chest of the user thereon.
- 25
2. Vorrichtung zum Stützen des Kopfes eines Benutzers, während der Benutzer mit dem Gesicht nach unten, mit dem Gesicht nach oben oder auf der Seite liegt, wobei die Vorrichtung Folgendes umfasst:
- eine Kopfauflage zum Aufnehmen eines Abschnitts des Kopfes des Benutzers;
- wenigstens zwei längliche Arme, die mit der Kopfauflage verbunden sind, wobei diese wenigstens zwei länglichen Arme so eingestellt werden können, dass sie eine Brustkorbstütze oder eine Nakkenstütze oder eine Kopfstütze bilden;
- 30
- und wobei die Kopfauflage eine kreisförmige oder ringartige Innenöffnung umfasst, die den Kopf eines Benutzers aufnimmt.
- 35
19. A method for supporting both the head and neck of a user lying in a face up position, said method comprising the steps of:
- (a) providing a head cradle that includes an annular-shaped or ring-like inner opening for supporting the head of a user lying face up thereon;
- (b) providing at least two elongate arms that are coupled to a portion of the head cradle at a first end and having free ends, said free ends being manipulated into a transverse position at a bottom surface of said head cradle for supporting the back of the neck of the user.
- 40
2. Vorrichtung nach Anspruch 1, wobei die Innenöffnung oval geformt ist, dergestalt, dass sie an das Gesicht eines Benutzers angepasst ist.
- 45
3. Vorrichtung nach Anspruch 2, wobei die Kopfauflage Folgendes umfasst:
- ein erstes ringförmiges Hartschaummaterial;
- mehrere Lumen, die an dem ersten ringförmigen Hartschaummaterial an radialen Positionen um das erste ringförmige Hartschaummaterial herum angeordnet sind;
- 50
20. A method for supporting the head of a user lying in a side position, said method comprising the steps of:
- (a) providing a head cradle that includes an annular-shaped or ring-like inner opening for supporting the head of a user lying face up thereon;
- (b) providing at least two elongate arms that are
- 55
- ein zweites ringförmiges Gewebe, das in seinem Inneren Perlen umfasst und auf den Lu-

men und dem ersten ring-förmigen Hartschaummaterial angeordnet ist; und

ein erstes Gewebe, welches das erste ringförmige Hartschaummaterial, die mehreren Lumen und das zweite ringförmige Gewebe umschließt.

4. Vorrichtung nach Anspruch 3, wobei das Hartschaummaterial mit Latex überzogenen geschlossenzelligen Schaumgummi umfasst.

5. Vorrichtung nach Anspruch 1 oder Anspruch 2, wobei die Kopfauflage Folgendes umfasst:

ein starres oberes ringförmiges Element und ein starres unteres ringförmiges Element, die in einer allgemein horizontalen Position ausgerichtet sind und durch mehrere Streben, die um das starre obere ringförmige Element und das starre untere ringförmige Element verteilt sind, voneinander getrennt sind;

ein ringförmiges Gewebe, das in seinem Inneren Perlen umfasst und auf dem starren oberen ringförmigen Element angeordnet ist; und

ein Gewebe, welches das starre obere ringförmige Element und das starre untere ringförmige Element und das Perlen umfassende ringförmige Gewebe umschließt.

6. Vorrichtung nach Anspruch 5, wobei das Gewebe, welches das obere ringförmige Element und das untere ringförmige Element und das Perlen umfassende ringförmige Gewebe umschließt, neben einigen der mehreren Streben ein Netzmaterial umfasst.

7. Vorrichtung nach Anspruch 6, wobei die Kopfauflage den Kopf eines Benutzers in einem anderen Winkel als einem Null-Grad-Winkel relativ zu einer horizontalen Bezugsebene stützt.

8. Vorrichtung nach Anspruch 7, wobei die Kopfauflage ein vorderes Ende und ein hinteres Ende aufweist, wobei die Streben, die an dem vorderen Ende angeordnet sind, länger sind als die Streben an dem hinteren Ende.

9. Vorrichtung nach einem der Ansprüche 3 bis 8, wobei jeder der wenigstens zwei länglichen Arme ein zweites mit Perlen gefülltes Gewebe umfasst, das mit der Kopfauflage dergestalt verbunden ist, dass Anlenkpunkte entstehen.

10. Vorrichtung nach Anspruch 9, wobei jeder der wenigstens zwei länglichen Arme des Weiteren ein

drittes mit Perlen gefülltes Gewebe umfasst und wobei das dritte mit Perlen gefüllte Gewebe im Inneren des zweiten mit Perlen gefüllten Gewebes neben den Anlenkpunkten angeordnet ist, wobei das dritte mit Perlen gefüllte Gewebe Schulterstützen für einen Benutzer bildet, dessen Kopf mit nach unten gerichtetem Gesicht auf der Kopf-auflage liegt.

10 11. Vorrichtung nach einem der Ansprüche 3 bis 10, wobei die Perlen mit Latex überzogenen geschlossenzelligen Schaumgummi umfassen.

15 12. Vorrichtung nach einem der Ansprüche 3 bis 10, wobei die Perlen Polystyren umfassen.

13. Vorrichtung nach einem der vorangehenden Ansprüche, wobei jeder der wenigstens zwei länglichen Arme sich verjüngt.

20 14. Vorrichtung nach einem der vorangehenden Ansprüche, wobei die wenigstens zwei länglichen Arme freie Enden umfassen und wobei jedes der freien Enden einen ersten Abschnitt eines lösbarer Befestigungsmechanismus' umfasst und wobei die Kopfauflage einen zweiten entsprechenden Abschnitt des lösbarer Befestigungsmechanismus' umfasst, der es ermöglicht, dass die freien Enden der wenigstens zwei länglichen Arme lösbar an der Kopfauflage befestigt werden können, dergestalt, dass eine Kopfstütze entsteht, die es einem Benutzer ermöglicht, auf der Seite zu liegen, während sein Kopf auf der Kopfauflage ruht.

35 15. Vorrichtung nach Anspruch 14, wobei der lösbarer Befestigungsmechanismus einen Klettverschluss umfasst.

40 16. Vorrichtung nach Anspruch 14, wobei der lösbarer Befestigungsmechanismus eine Schnappvorrichtung umfasst.

45 17. Vorrichtung nach einem der Ansprüche 1 bis 13, wobei die wenigstens zwei länglichen Arme freie Enden umfassen und wobei die wenigstens zwei länglichen Arme nahe neben einer Unterseite der Kopfauflage angeordnet werden können, dergestalt, dass eine Nackenstütze für einen Benutzer entsteht, dessen Hinterkopf in der Kopfauflage ruht.

50 18. Verfahren zum Stützen des Kopfes und des Brustkorbes eines Benutzers, der mit dem Gesicht nach unten liegt, wobei das Verfahren folgende Schritte umfasst:

(a) Bereitstellen einer Kopfauflage mit einer ovalen Öffnung und Belüftung zum Stützen des Kopfes eines Benutzers, der mit dem Gesicht

- nach unten auf der Kopfauflage liegt;
- (b) Bereitstellen von wenigstens zwei sich verjüngenden länglichen Armen, die an einem ersten Ende mit einem Abschnitt der Kopfauflage verbunden sind und freie Enden aufweisen; und
- (c) Verlegen der freien Enden der wenigstens zwei sich verjüngenden länglichen Arme von der Kopfauflage fort, dergestalt, dass der Brustkorb des Benutzers darauf ruhen kann.
- 19.** Verfahren zum Stützen sowohl des Kopfes als auch des Nackens eines Benutzers, der mit dem Gesicht nach oben liegt, wobei das Verfahren folgende Schritte umfasst:
- (a) Bereitstellen einer Kopfauflage mit einer kreis-förmigen oder ringartigen Innenöffnung zum Stützen des Kopfes eines Benutzers, der mit dem Gesicht nach oben auf der Kopfauflage liegt;
- (b) Bereitstellen von wenigstens zwei länglichen Armen, die an einem ersten Ende mit einem Abschnitt der Kopfauflage verbunden sind und freie Enden aufweisen, wobei die freien Enden an einer Unterseite der Kopfauflage in eine quer verlaufende Position gebracht werden, um den Nacken des Benutzers zu stützen.
- 20.** Verfahren zum Stützen des Kopfes eines Benutzers, der auf der Seite liegt, wobei das Verfahren folgende Schritte umfasst:
- (a) Bereitstellen einer Kopfauflage mit einer kreisförmigen oder ringartigen Innenöffnung zum Stützen des Kopfes eines Benutzers, der mit dem Gesicht nach oben darauf liegt;
- (b) Bereitstellen von wenigstens zwei länglichen Armen, die an einem ersten Ende mit einem Abschnitt der Kopfauflage verbunden sind und freie Enden aufweisen, wobei die freien Enden dergestalt lösbar den der Kopfauflage angebracht sind, dass ein wesentlicher Abschnitt der Öffnung bedeckt wird, um den Kopf des darauf ruhenden Benutzers seitlich zu stützen.
- 21.** Verfahren nach Anspruch 20, wobei der Schritt des Bereitstellens von wenigstens zwei länglichen Armen Folgendes umfasst:
- (a) lösbares Befestigen des freien Endes eines der wenigstens zwei länglichen Arme an einer ersten Seite der Kopfauflage; und
- (b) lösbares Befestigen des freien Endes des anderen der wenigstens zwei länglichen Arme an einer zweiten, der ersten Seite gegenüberliegenden Seite der Kopfauflage, wobei der andere der wenigstens zwei länglichen Arme den einen der wenigstens zwei länglichen Arme so überlappt, dass der wesentliche Abschnitt der Öffnung bedeckt ist.
- Revendications**
- 1.** Dispositif pour supporter la tête d'un utilisateur alors que l'utilisateur est dans une position allongée sur le ventre, une position allongée sur le dos ou une position allongée sur le côté, ledit dispositif comprenant :
- une coiffe pour la tête pour recevoir une partie de la tête de l'utilisateur ; au moins deux bras allongés qui sont couplés à ladite coiffe pour la tête et dans lequel lesdits au moins deux bras allongés sont manipulables pour former un support pour la poitrine ou un support pour le cou ou un support pour la tête ;
- et dans lequel ladite coiffe pour la tête comprend une ouverture intérieure de forme annulaire ou similaire à un anneau qui reçoit la tête d'un utilisateur.
- 2.** Dispositif selon la revendication 1, dans lequel ladite ouverture intérieure est de forme ovale pour se conformer à la face d'un utilisateur.
 - 3.** Dispositif selon la revendication 2, dans lequel ladite coiffe pour la tête comprend :
- un premier matériau en mousse rigide de forme annulaire ; une pluralité de lumières positionnées sur ledit premier matériau en mousse rigide de forme annulaire dans des positions radiales autour dudit premier matériau en mousse rigide de forme annulaire ; un deuxième tissu de forme annulaire compréhendant billes dans celui-ci et disposé par-dessus lesdites lumières et ledit premier matériau en mousse rigide de forme annulaire ; et un premier tissu entourant ledit premier matériau en mousse rigide de forme annulaire, ladite pluralité de lumières et ledit deuxième tissu de forme annulaire.
- 4.** Dispositif selon la revendication 3, dans lequel ledit matériau en mousse rigide comprend un caoutchouc mousse à cellules fermées recouvert de latex.

5. Dispositif selon la revendication 1 ou la revendication 2, dans lequel ladite coiffe pour la tête comprend :

un élément supérieur rigide de forme annulaire et un élément inférieur rigide de forme annulaire orientés dans une position généralement horizontale et séparés l'un de l'autre par une pluralité de montants distribués autour desdits éléments supérieur et inférieur rigides de forme annulaire ;
 un tissu de forme annulaire comprenant des billes dans celui-ci disposé sur ledit élément supérieur rigide de forme annulaire, et
 un tissu entourant lesdits éléments supérieur et inférieur rigides de forme annulaire et ledit tissu de forme annulaire comprenant des billes.

6. Dispositif selon la revendication 5, dans lequel ledit tissu entourant lesdits éléments supérieur et inférieur de forme annulaire et ledit tissu de forme annulaire comprenant des billes comprend une nappe de filet adjacente à certains parmi ladite pluralité de montants.

7. Dispositif selon la revendication 6, dans lequel ladite coiffe pour la tête supporte la tête d'un utilisateur à un angle non nul par rapport à une référence horizontale.

8. Dispositif selon la revendication 7, dans lequel ladite coiffe pour la tête a une extrémité avant et une extrémité arrière, lesdits montants situés au niveau de ladite extrémité avant étant plus longs que lesdits montants au niveau de ladite extrémité arrière.

9. Dispositif selon l'une quelconque des revendications 3 à 8, dans lequel chacun desdits au moins deux bras allongés comprend un deuxième tissu rempli de billes qui est couplé à ladite coiffe pour la tête pour former des emplacements de pivotement.

10. Dispositif selon la revendication 9, dans lequel chacun desdits au moins deux bras allongés comprend en outre un troisième tissu rempli de billes, et dans lequel ledit troisième tissu rempli de billes est positionné à l'intérieur dudit deuxième tissu rempli de billes à côté desdits emplacements de pivotement, ledit troisième tissu rempli de billes formant des supports pour les épaules pour un utilisateur allongé sur le ventre avec sa tête sur ladite coiffe pour la tête.

11. Dispositif selon l'une quelconque des revendications 3 à 10, dans lequel lesdites billes comprennent un caoutchouc mousse à cellules fermées recouvert de latex.

12. Dispositif selon l'une quelconque des revendications 3 à 10, dans lequel les billes comprennent du polystyrène.

- 5 13. Dispositif selon l'une quelconque des revendications précédentes, dans lequel chacun desdits au moins deux bras allongés sont effilés.

- 10 14. Dispositif selon l'une quelconque des revendications précédentes, dans lequel lesdits au moins deux bras allongés comprennent des extrémités libres, et dans lequel chacune desdites extrémités libres comprend une première partie d'un mécanisme de fixation pouvant être détaché, et dans lequel ladite coiffe pour la tête comprend une seconde partie correspondante dudit mécanisme de fixation pouvant être détaché qui permet aux extrémités libres desdits au moins deux bras allongés d'être fixées, de façon à pouvoir être détachées, à ladite coiffe pour la tête pour former un support pour la tête qui permet à un utilisateur d'être allongé sur le côté avec sa tête positionnée sur ladite coiffe pour la tête.

- 15 25 15. Dispositif selon la revendication 14, dans lequel ledit mécanisme de fixation pouvant être détaché comprend un crochet/pique.

- 20 30 16. Dispositif selon la revendication 14, dans lequel ledit mécanisme de fixation pouvant être détaché comprend un agencement à pression.

- 35 17. Dispositif selon l'une quelconque des revendications 1 à 13, dans lequel lesdits au moins deux bras allongés comprennent des extrémités libres, et dans lequel lesdits au moins deux bras allongés peuvent être positionnés juste à côté d'une surface inférieure de ladite coiffe pour la tête pour former un support pour le cou pour un utilisateur allongé avec le côté arrière de sa tête dans ladite coiffe pour la tête.

- 40 45 18. Procédé pour supporter à la fois la tête et la poitrine d'un utilisateur se trouvant dans une position allongée sur le ventre, ledit procédé comprenant les étapes consistant à :

- (a) fournir une coiffe pour la tête qui comprend une ouverture de forme ovale et ventilation pour supporter sur celle-ci la tête d'un utilisateur allongé sur le ventre ;
 (b) fournir au moins deux bras allongés effilés qui sont couplés à une partie de la coiffe pour la tête au niveau d'une première extrémité et ayant des extrémités libres ; et
 (c) étendre lesdites extrémités libres desdits au moins deux bras allongés effilés de façon éloignée de ladite coiffe pour la tête pour supporter

sur ceux-ci la poitrine de l'utilisateur.

- 19.** Procédé pour supporter à la fois la tête et le cou d'un utilisateur se trouvant dans une position allongée sur le dos, ledit procédé comprenant les étapes consistant à : 5

(a) fournir une coiffe pour la tête qui comprend une ouverture intérieure de forme annulaire ou similaire à un anneau pour supporter sur celle-ci la tête d'un utilisateur allongé sur le dos ;
 (b) fournir au moins deux bras allongés qui sont couplés à une partie de la coiffe pour la tête au niveau d'une première extrémité et ayant des extrémités libres, lesdites extrémités libres étant manipulées dans une position transversale au niveau d'une surface inférieure de ladite coiffe pour la tête pour supporter la nuque du cou de l'utilisateur. 10

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- 20.** Procédé pour supporter la tête d'un utilisateur se trouvant dans une position allongée sur le côté, ledit procédé comprenant les étapes consistant à :

(a) fournir une coiffe pour la tête qui comprend une ouverture intérieure de forme annulaire ou similaire à un anneau pour supporter sur celle-ci la tête d'un utilisateur allongé sur le dos ;
 (b) fournir au moins deux bras allongés qui sont couplés à une partie de la coiffe pour la tête au niveau d'une première extrémité et ayant des extrémités libres, lesdites extrémités libres étant fixées, de façon à pouvoir être détachées, à ladite coiffe pour la tête pour recouvrir une partie importante de ladite ouverture pour supporter sur ceux-ci le côté de la tête de l'utilisateur. 25

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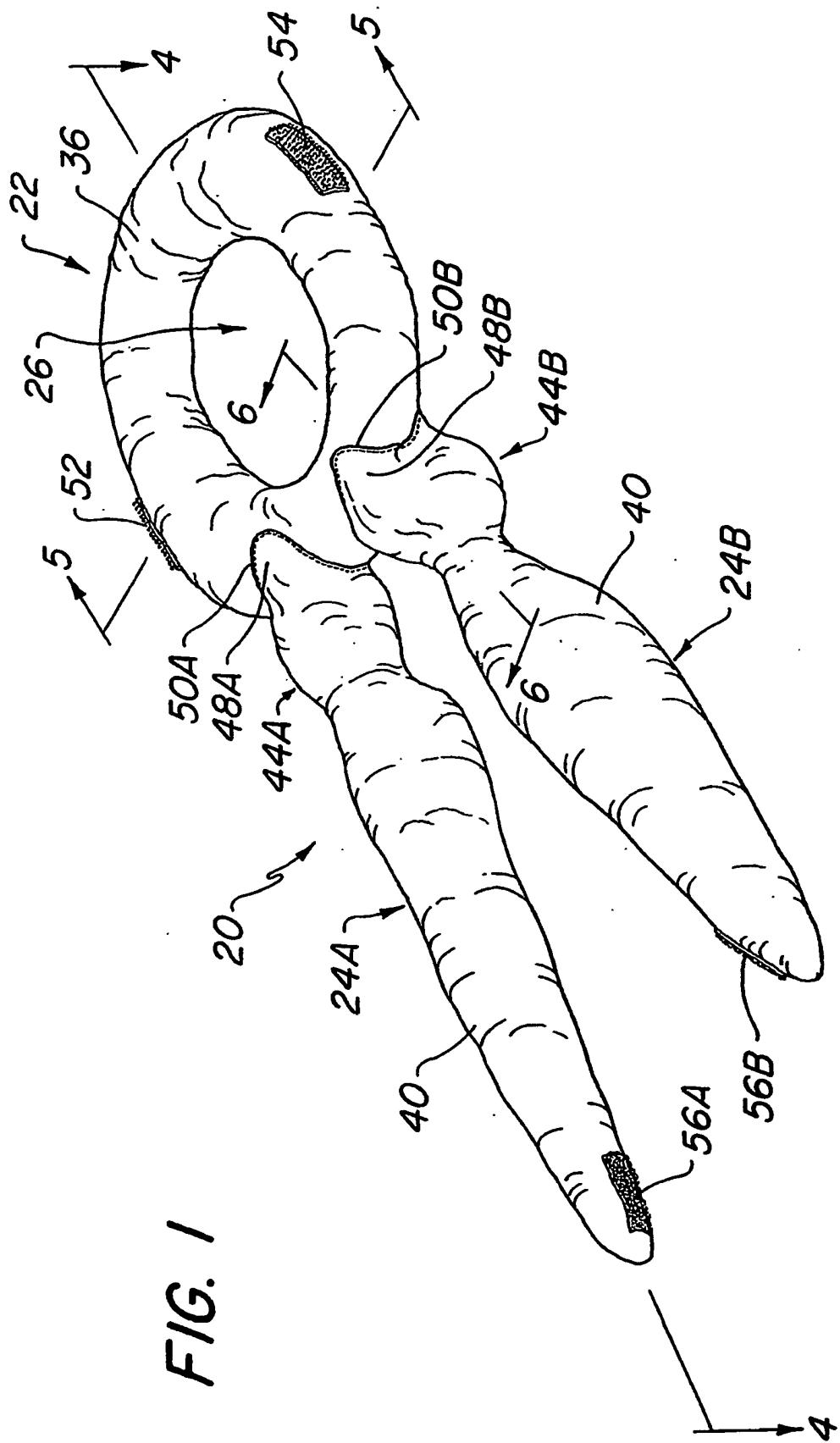
- 21.** Procédé selon la revendication 20, dans lequel ladite étape consistant à fournir au moins deux bras allongés comprend : 40

(a) fixer, de façon à pouvoir être détachée, l'extrémité libre d'un premier parmi lesdits au moins deux bras allongés à un premier côté de ladite coiffe pour la tête ; et
 (b) fixer, de façon à pouvoir être détachée, l'extrémité libre de l'autre parmi lesdits au moins deux bras allongés à un second côté, opposé audit premier côté, de ladite coiffe pour la tête, ledit autre parmi lesdits au moins deux bras allongés chevauchant ledit premier parmi lesdits au moins deux bras allongés pour recouvrir ladite partie importante de ladite ouverture. 45

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FIG. 1



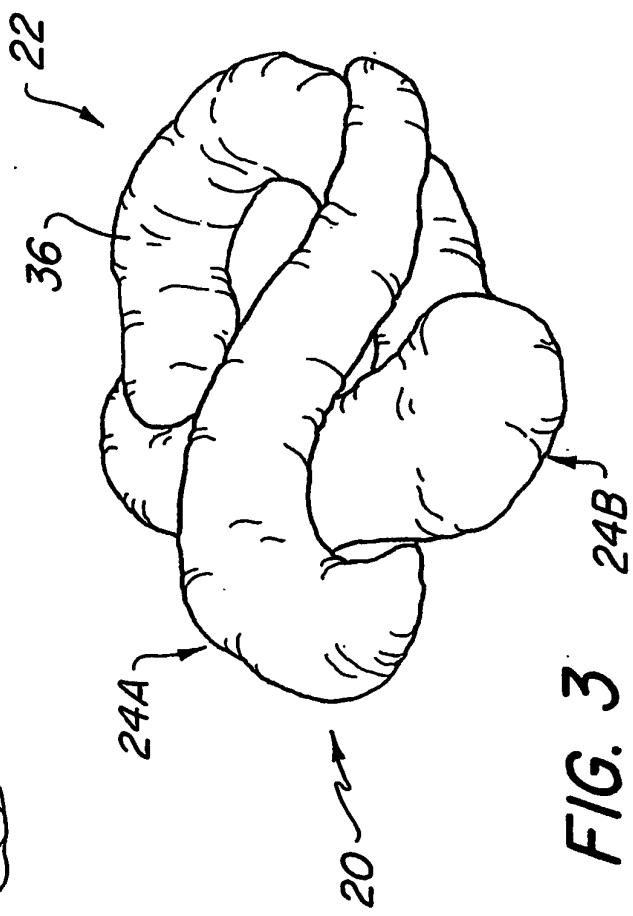
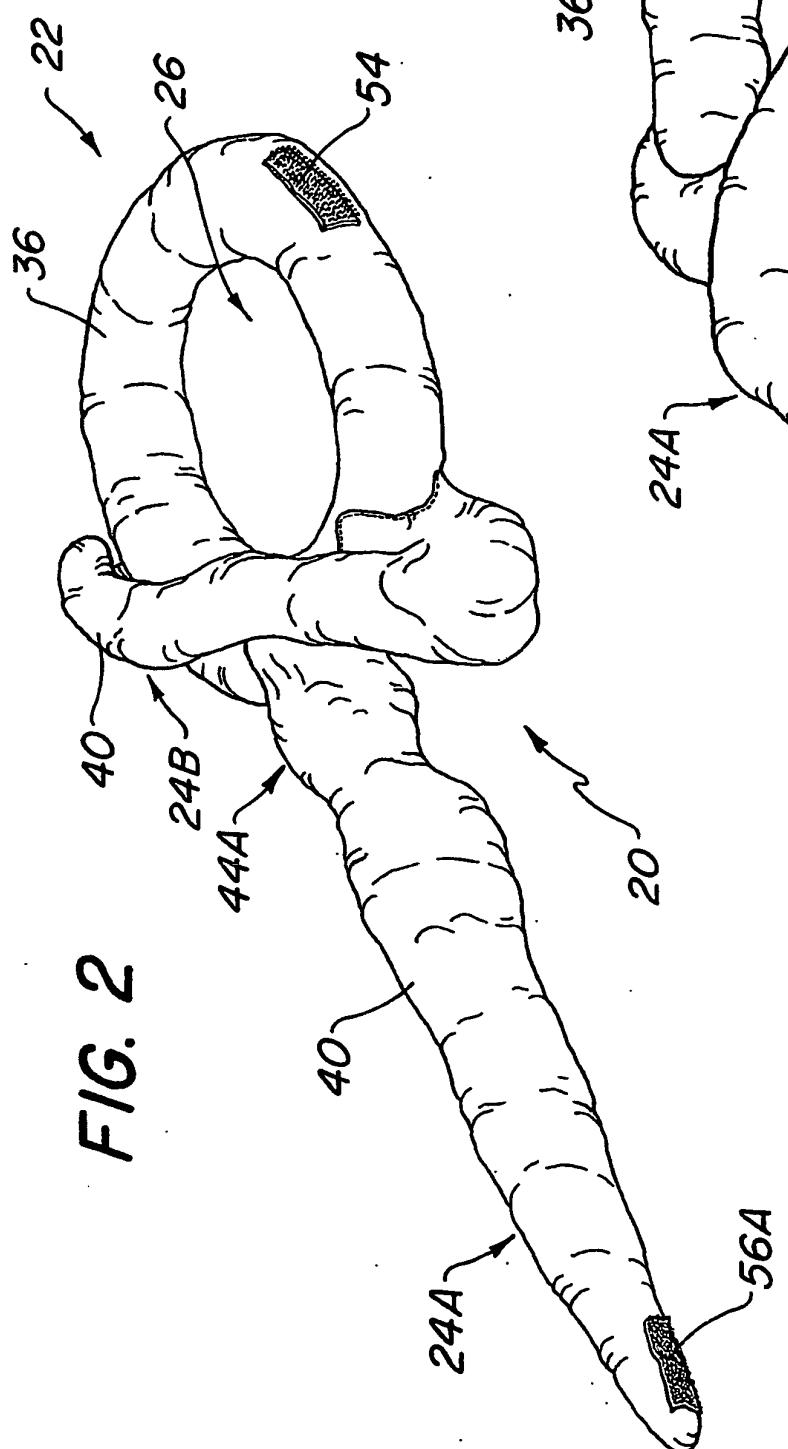


FIG. 4

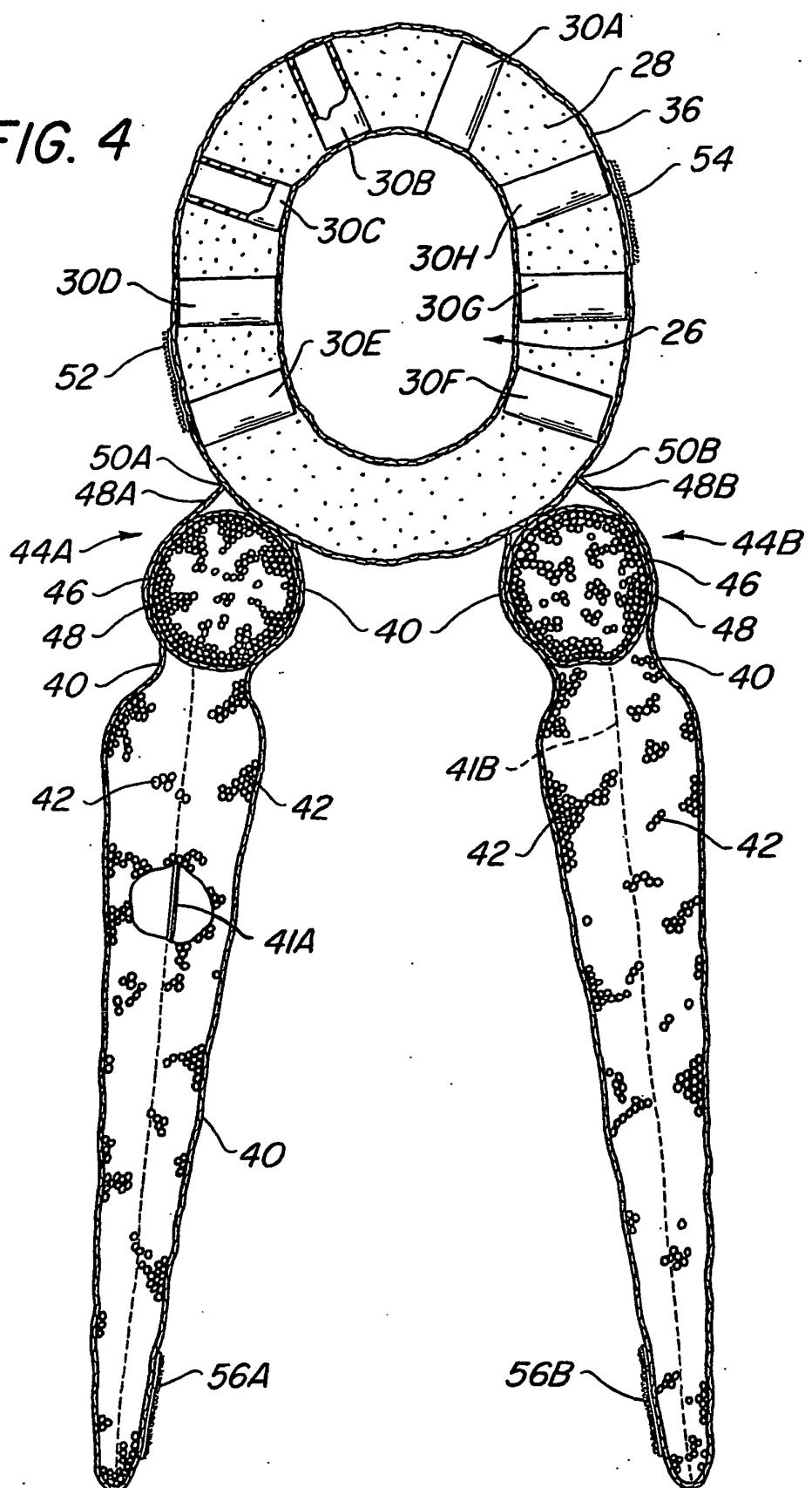


FIG. 5

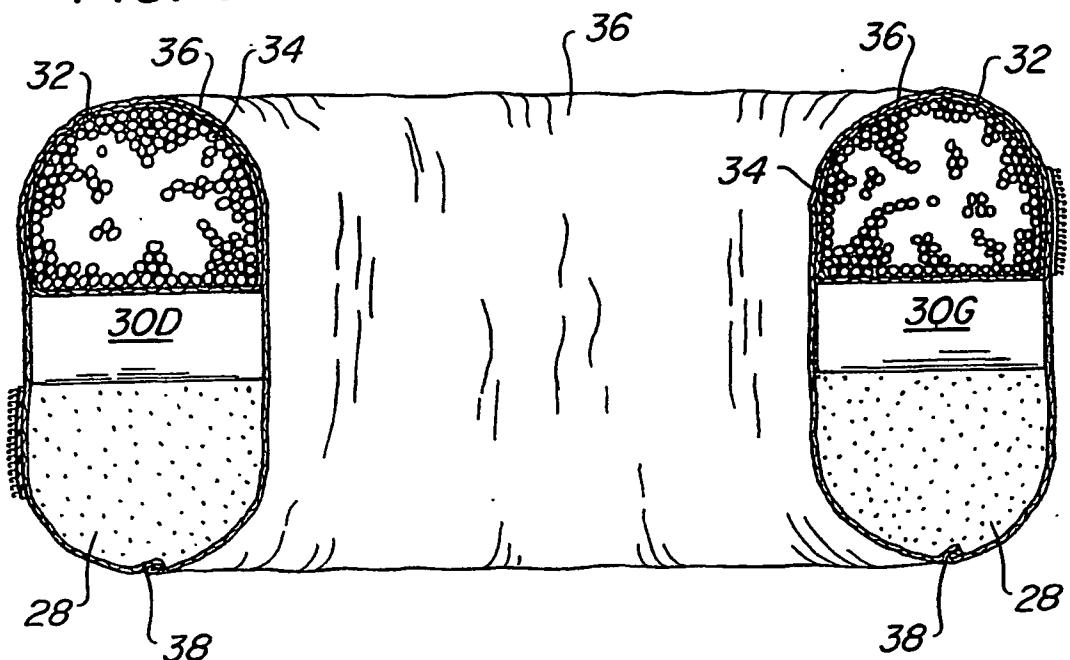
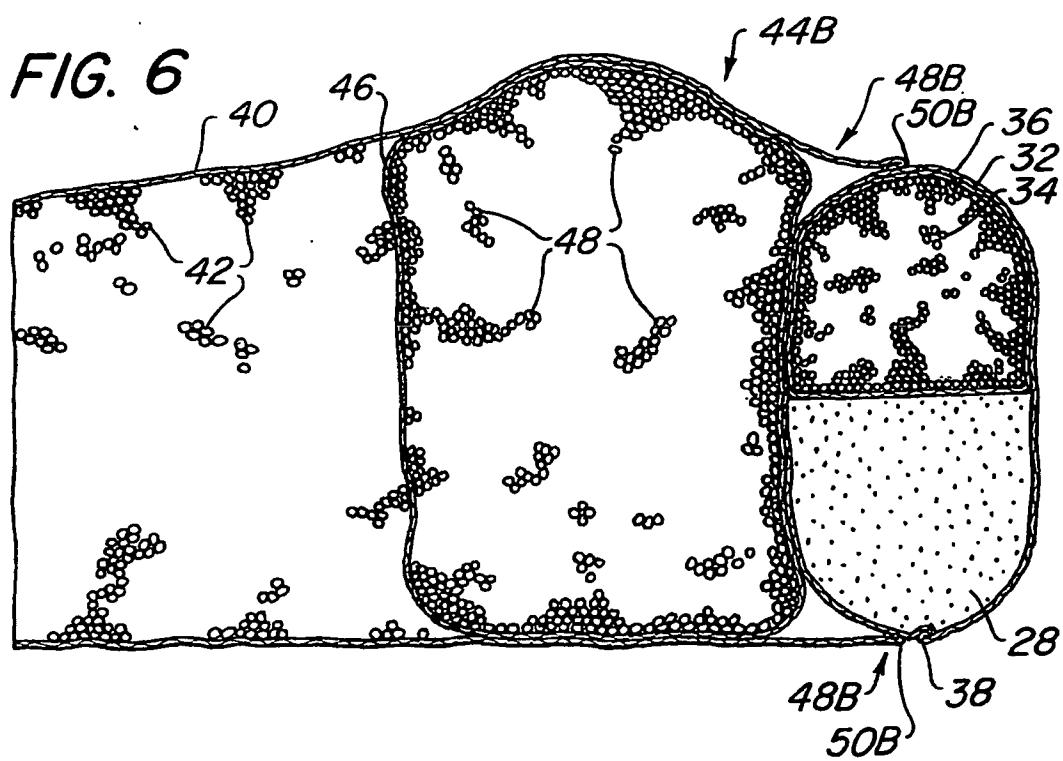


FIG. 6



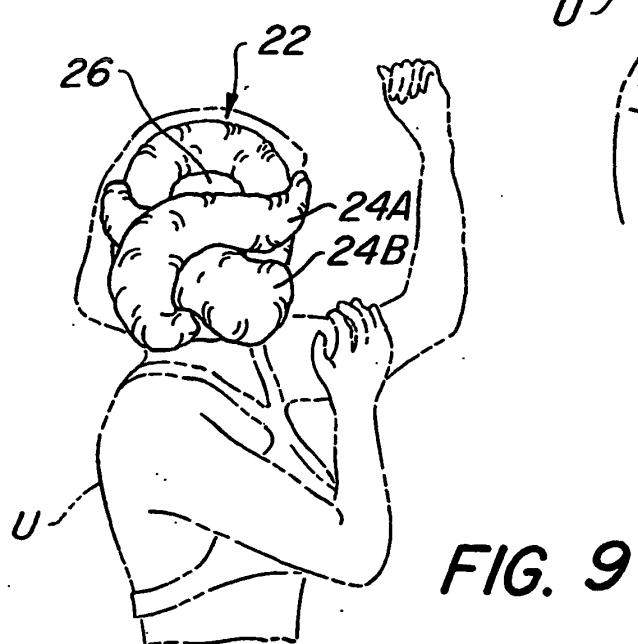
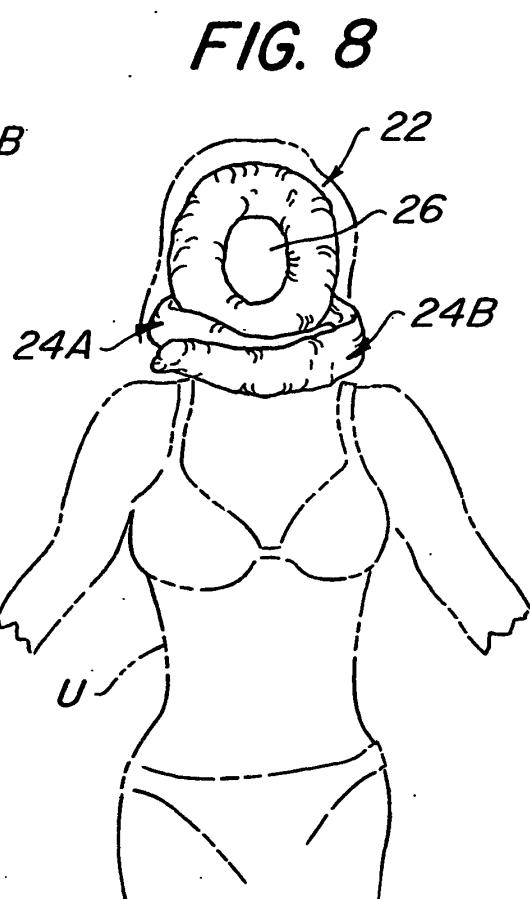
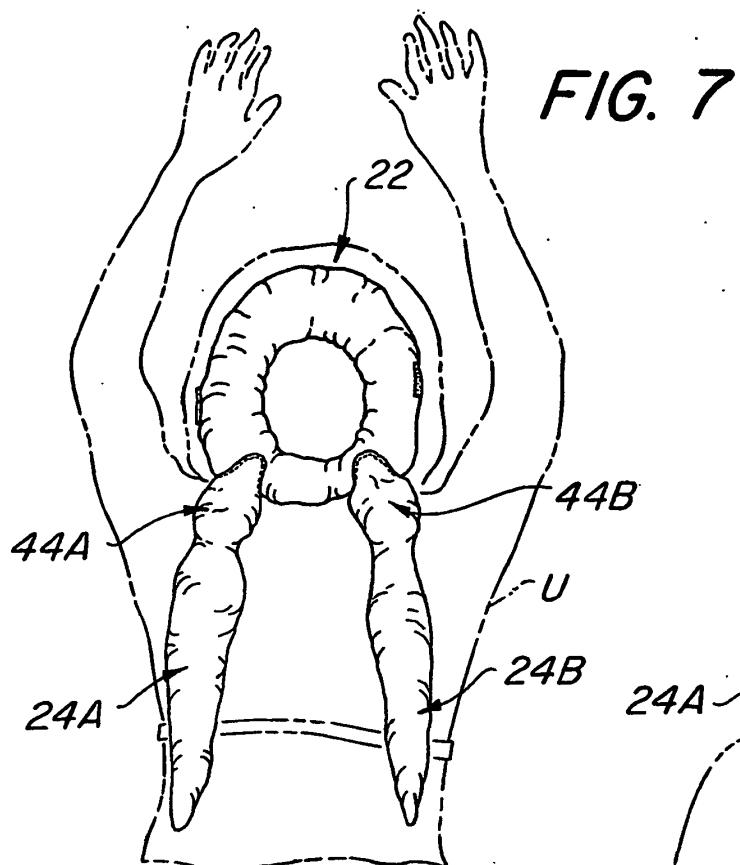
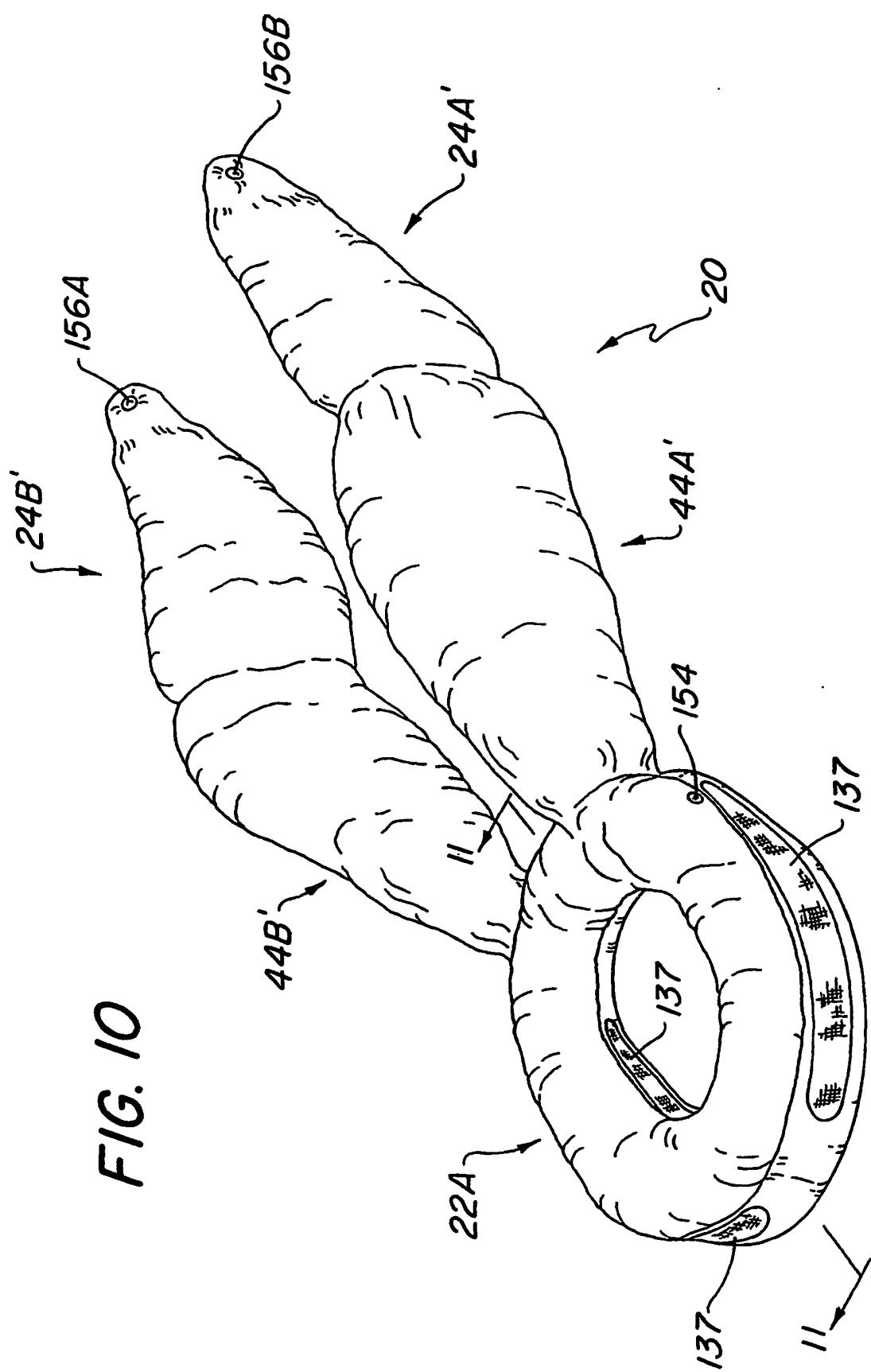


FIG. 10



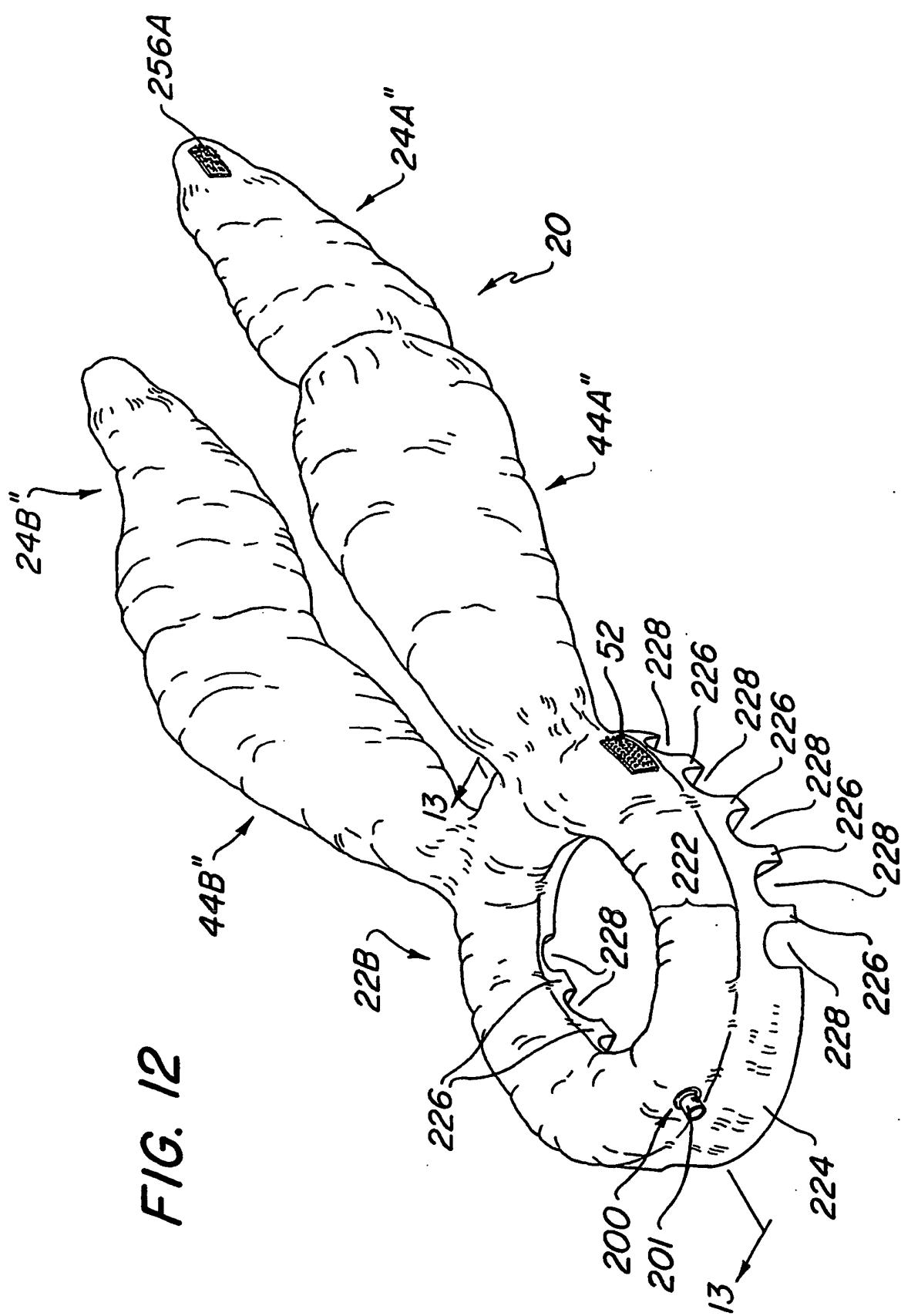


FIG. 11

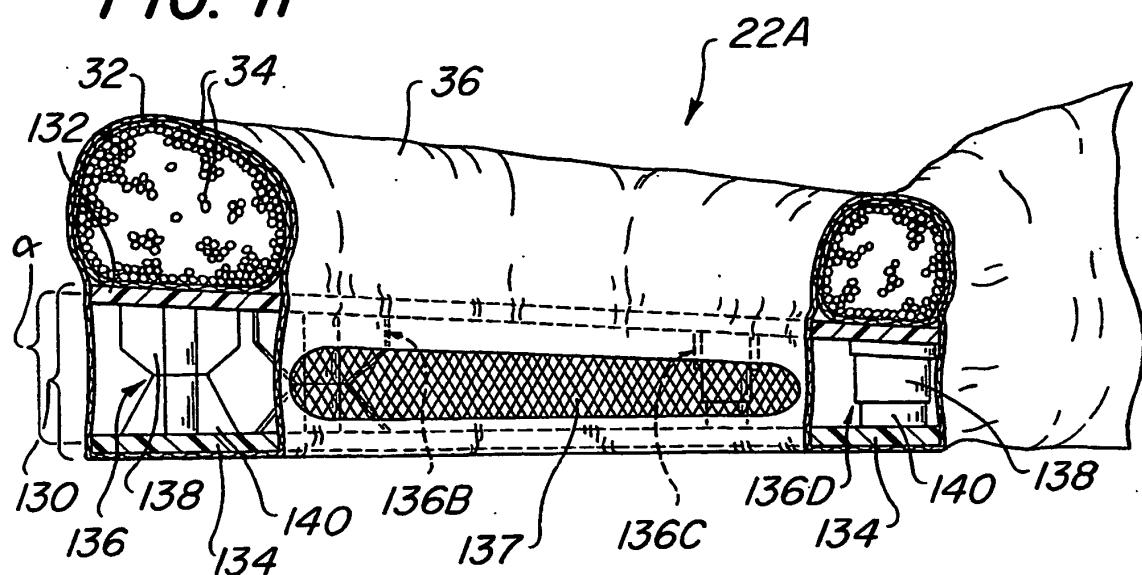


FIG. 13

