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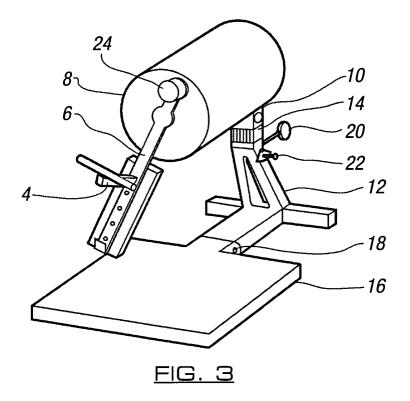
(71) Applicant: Mason, James Ryder Leeds, LS6 4EU (GB) (72) Inventor: Mason, James Ryder Leeds, LS6 4EU (GB)

(74) Representative: Wood, Graham Bailey Walsh & Co L.L.P., 5 York Place Leeds LS1 2SD (GB)

(54) Fitness apparatus

(57) A fitness apparatus with a member mounted on a support frame which rotates about a first axis, with a handle mounted on said member for gripping by a user, offset from said first axis and rotating about a second axis, the distance between the first and second axes

changing during rotation of the member as the user exerts a force on the handle, such that the handle describes an elliptical arc and aligns itself to the correct position with respect to the member in relation to the height and reach of the user at each instant of the revolution.





EUROPEAN SEARCH REPORT

Application Number EP 05 00 3388

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