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(12)

EUROPEAN PATENT APPLICATION

(88) Date of publication A3: **05.04.2006 Bulletin 2006/14**

(51) Int Cl.: **A63B 19/04** (2006.01)

(11)

A61H 1/00 (2006.01)

(43) Date of publication A2: **08.02.2006 Bulletin 2006/06**

(21) Application number: 05015512.6

(22) Date of filing: 18.07.2005

(84) Designated Contracting States:

AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HU IE IS IT LI LT LU LV MC NL PL PT RO SE SI SK TR

Designated Extension States:

AL BA HR MK YU

(30) Priority: 02.08.2004 IT BG20040007

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(54) Apparatus for gymnastic exercises

(57) Apparatus for gymnastic exercises comprising a base including support means; an outer frame of rectangular shape rotatably connected to said support means; an inner frame of rectangular shape rotatably

connected to said outer frame; said inner frame comprising fixing means for fixing a person's feet; gripping means to be gripped by a person's hands; protection means for a person's hands such that said hands cannot extend beyond said inner frame.

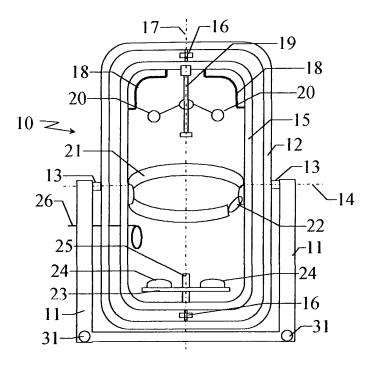


Fig. 1

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Application Number EP 05 01 5512

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